



Held under ARC rules

ARC Permit 10/63

SATURDAY 17TH JULY 2010, STARTING AT 6.30pm

Approx six miles of off-road running
Get a breath of real fresh air run on the wild side across Dartmoor

START/FINISH NEAR MIDDLE CAR PARK BELOW HAYTOR ROCK. RACE HQ AT BROADLEAS BOYS BRIGADE CENTRE WITH TOILETS, SHOWERS, BBQ, CAMP FIRE AND LIVE MUSIC.

Entries £8.00, £10.00 (Non Affiliated), Entries Close by **16/07/10** or before at Race Limit of 250,
Strictly No Entries on the Day

Special 25th Anniversary t-shirt to all Finishers

Awards to 1st 3M/3F & 1st 2 in: M35/40/45/50/55/60, F35/40/45/50/55

For all other enquiries please contact Buzz Terrill (Race Director) on 01803 528648
Visit www.teignbridgetrotters.co.uk for up to date list of entries

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ENTRY FORM

First Name: Surname:

Address:

.....

..... Post Code:

Tel No: Sex M / F:

Date of Birth: Age on 17/07/2010:

Affiliated Club:

I declare that I am an amateur under the current Association of Running Club Rules and Laws and will abide by the ARC Rules. I accept that the race is organized as a foot race and confirm that I will not enter this race unless I am 17 years or older on the day of the race and I am fit to do so. I accept that I take part in this race at my own risk and will not hold the organisers of this event responsible for any injury, loss or damage that might arise as a result of my participation in this event.

I enclose a cheque payable to **TEIGNBRIDGE TROTTERS** and an **A5 SAE** for race number and information.

Signed

Date

Please return to:

Roger Hayes (Race Secretary), 69 Teignmouth Road, Teignmouth, Devon, TQ14 8UR