



2009 - TEMLER TEN

SPONSORED BY

IRONBRIDGE RUNNER & THE PASSAGE HOUSE HOTEL

ON SUNDAY 1st NOVEMBER 2009 at 1000hrs

Held under Uka rules Licence No. 2009-100145

Strict Race Limit of 300 – NO ENTRIES ON THE DAY

Quality Memento, to all finishers

Last of the Ironbridge Runner/Teignbridge Trotters Race Series – Have you completed them all??

Approximately 9.7 mile rural course, incorporating the picturesque Stover Park
(Approx 3.5 miles on road, remainder a mix of tracks and fields)

Trophies/Prizes for the first 5 men & ladies

First 2 – M35, M40, M45, M50, M55, M60, F35, F40, F45, F50

TEAM PRIZE [first only]: 6 men to count, 4 ladies to count – affiliated only

Start/Finish: PASSAGE HOUSE HOTEL, Kingsteignton.

LIMITED car parking (please try and car share)

Entry Fee £9.00.

£7.00 for EA licenced athletes

-----ENTRY FORM-----

SURNAME: _____ FIRST NAME: _____

ADDRESS: _____

TEL NO: _____ DOB: _____ AGE (01/11/09): _____ M/F: _____

AFFILIATED CLUB: _____ EA Affiliation Number: _____

I declare that I am an amateur as defined by Uka rules, that I am medically fit to run and understand that I enter at my own risk. The organisers shall not be held responsible or liable for any injury, loss or damages arising as a consequence of my participation in the Templer Ten. I understand that acceptance of my entry is subject to the approval of the race organisers and that after acceptance, the entry fee is not refundable. I will be over 16 years of age on 1st November 2009.

For safety reasons no audio equipment to be worn during this race.

SIGNED: _____ DATE: _____

Please ensure correct postage and enclose a cheque payable to TEIGNBRIDGE TROTTERS, along with an A5 SAE for race number and information.

Return to PETER ASTON, 36 Villiers Avenue, Newton Abbot, Devon TQ12 4AT