

THE WHITEMOOR 10K

SUNDAY 4TH APRIL 2010

www.whitemoor.com

To be run under UK Athletics rules.

Permit number 2010-100611

Date: Sunday 4th April 2010
Time: 10am
Start: Whitemoor Recreation Ground, Park Road, Whitemoor, (near St.Dennis,) St.Austell
Cornwall.

The course: 10k, anti-clockwise course, undulating rural roads. Mile markers, one water station.

Entries: can be made in advance or on the day up to a maximum of 130.

Entry fee: £ 6.00 for UK:A affiliated club members

£ 8.00 for non-affiliated entrants

Minimum age: 15

Trophies: First Male, First Female, First Local Runner

Memento to all finishers.

All proceeds from the Event are for the upkeep of the Recreation Ground.

Entries to: Angela White, Trevarth, Crown Road, Whitemoor, St.Austell, Cornwall, PL26 7XH. Tel: 01726 822367

Cheques payable to: Whitemoor Recreation Ground

ENTRY FORM

SURNAME _____ FORENAME _____

ADDRESS _____

TEL NO _____

DATE OF BIRTH _____ AGE ON RACE DAY _____

CLUB _____ UK:A AFFILIATED YES/NO

I declare that I will abide by the laws and rules of UK Athletics. I will be over 15 years of age on race day and accept that the organizers will not be liable for any loss, damage or action claim, costs or expenses, which may arise in consequence of my participation in this event. I declare that I will not compete in the race unless I am in good health on the day and that in any event, I will compete at my own risk. I enclose a cheque / P.O. payable to Whitemoor Recreation Ground for £ _____

SIGNED _____ **DATE** _____

www.realbuzzrunbritain.com