











Held under ARC rules

ARC Permit 19/081

SATURDAY 13th JULY 2019, STARTING AT 5.30pm

Approx six miles of off-road running

Get a breath of real fresh air, run on the wild side across Dartmoor

This is a tough off-road event not for the faint hearted or inexperienced runner!



START/FINISH NEAR THE MIDDLE CAR PARK BELOW HAYTOR ROCK Refreshments and BBQ available afterwards at Race HQ

Entry Fee £14, discounted £12 ARC/EA affiliated (non-refundable)

Under 18's just £5 (non-refundable)

£1 donation included to DNPA to help with upkeep of the moor



Camping £10 per tent/motorhome (breakfast not included in price) (non-refundable)

Race limit of 350 – Strictly No entries on the day

Cheques payable to 'Teignbridge Trotters'

Post entries to: Haytor Heller, 18 Whiteway Road, Kingsteignton, Devon, TQ12 3HL

Race numbers can be collected from Race HQ on the day

Awards to 1st 3M/3F & 1st 2 in: MU18 M35/40/45/50/55/60, FU18 F35/40/45/50/55/60

1st Male / 1st Female Team (4 to count for both)

Memento to all finishers

Prize giving will take place at Race HQ by 7:30pm

All entry enquires please contact Liz Barnett <u>ebarnett1@sky.com</u>
Visit <u>www.teignbridgetrotters.co.uk/our-races/haytor-heller</u> for further information and an up to date list of entries



Camping in the shadow of Haytor Rock















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		HAYTOR HELLER ENTRY F			
CAMPING: Please circle: Y	or N; (£10 per tent/m	otorhome included with er	ntry fee)		
First Name:	Sur	name:			
Address:					
			Pos	st Code:	
Tel No:			Sex	:: M / F	
Email:					
Date of Birth://	/	Age on 13/07/2019:			
ARC / EA Affiliated Club:			(We do not	t need your EA r	number)
I declare that I am an amateur is organized as a foot race and that I take part in this race at m result of my participation in this www.teignbridgetrotters.co.uk	I confirm that I will not ent by own risk and will not ho	ter this race unless I am 16 yea old the organisers of this event	ars or older on the d responsible for any	lay of the race an injury, loss or da	d I am fit to do so. I accept mage that might arise as a
Signed			Date	./	
Please return (with entry fee) Haytor Heller, 18 Whiteway R	to: Road, Kingsteignton, De	evon, TQ12 3HL			

Race No.