



HAYTOR HELLER



PMI
PLANT ENGINEERING
LIMITED



Held under ARC rules

ARC Permit 19/081

SATURDAY 13th JULY 2019, STARTING AT 5.30pm

Approx six miles of off-road running

Get a breath of real fresh air, run on the wild side across Dartmoor

This is a tough off-road event not for the faint hearted or inexperienced runner!

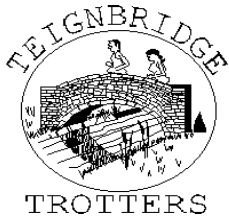
START/FINISH NEAR THE MIDDLE CAR PARK BELOW HAYTOR ROCK

Refreshments and BBQ available afterwards at Race HQ

Entry Fee £14, discounted £12 ARC/EA affiliated (non-refundable)

Under 18's just £5 (non-refundable)

£2 donation included to DNPA to help with upkeep of the moor



Race limit of 350 – Strictly No entries on the day

Cheques payable to 'Teignbridge Trotters'

Post entries to: Haytor Heller, 18 Whiteway Road, Kingsteignton, Devon, TQ12 3HL

Race numbers can be collected from Race HQ on the day

**Awards to 1st 3M/3F & 1st 2 in: MU18 M35/40/45/50/55/60, FU18 F35/40/45/50/55/60
1st Male / 1st Female Team (4 to count for both)**

Memento to all finishers

Prize giving will take place at Race HQ by 7:30pm

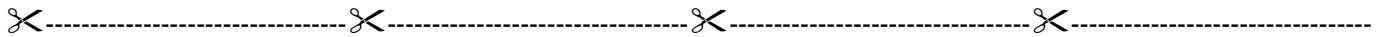
All entry enquires please contact Liz Barnett ebarnett1@sky.com

Visit www.teignbridgetrotters.co.uk/our-races/haytor-heller for further information and an up to date list of entries





HAYTOR HELLER



HAYTOR HELLER ENTRY FORM

First Name: Surname:

Address:

..... Post Code:

Tel No:

Sex: M / F

Email:

Date of Birth:/...../.....

Age on 13/07/2019:

ARC / EA Affiliated Club:(We do not need your EA number)

I declare that I am an amateur under the current Association of Running Club Rules and Laws and will abide by the ARC Rules. I accept that the race is organized as a foot race and confirm that I will not enter this race unless I am 16 years or older on the day of the race and I am fit to do so. I accept that I take part in this race at my own risk and will not hold the organisers of this event responsible for any injury, loss or damage that might arise as a result of my participation in this event. I accept the one hour cut-off time at Hound Tor. I have read and understand the race terms and conditions at www.teignbridgetrotters.co.uk

Signed

Date/...../.....

Please return (with entry fee) to:

Haytor Heller, 18 Whiteway Road, Kingsteignton, Devon, TQ12 3HL

Race No.