

OFFICE USE

MALE /FEMALE

15- 18

VET

RACE NUMBER



KINGSBRIDGE FAIR WEEK PRESENTS

KINGSBRIDGE 10K ROAD RACE

THURSDAY 25th JULY 2019

START AT 7.30 p.m. - (Briefing at 7.20 p.m.)



Minimum age to enter is 15. Race start on Embankment Road, by model railway station.
Race finish at recreation ground beside registration area. Briefing at start at 7.20 pm.

Held under UKA rules. UKA licence 2019-37616.

Scenic route, steep in parts, along quiet country roads. Toilets are at registration and end of race.
Water stations: start, middle and end of race. Shower facilities at the Quayside Leisure Centre,
courtesy of Fusion Lifestyle. Registration starts at 5.30 pm at the Recreation Ground.

Entries may now be made online at www.fullonsport.com – search Kingsbridge 10K. On line registration is £12, discounted fee for EA competition licence holders is £10. Or complete the entry form below and register on the day. Entry fee on the day is £14, discounted fee for EA competition licence holders is £12.

Prizes will be presented at the finish at approx. 8.45pm. One prize per person. Wearing of ipods, MP3 players or similar is prohibited. For more information contact Mike Jayes 01548 856252.

ENTRY FORM (to be completed by a parent if competitor under 18).

NAME

ADDRESS

TEL EMERGENCY CONTACT.....

EMAIL for information purposes.

MALE /FEMALE DATE OF BIRTH AGE ON 25/07/2019.....

UKA - AFFILIATED CLUB

EA COMPETITION NUMBER Signature of entrant

A signed entry form will be considered as acceptance of UKA rules and a declaration that you run entirely at your own risk.