

The Trotter

Number 19

October 2010



Sweat it out!

Championship latest!

Tale of the tats!

News Desk

Look out for these races coming up over the next few weeks:

30/10 Sourton Scramble
31/10 The 'Eller
1/11 Brooks Winter 3K Round 2
7/11 Westward League Cross Country, Plymouth
7/11 Templer Ten
21/11 Drogo 10
21/11 John Scott Trophy (Now Championship race!)
28/11 Bicton Blister

There's plenty to tell you about this month, so I'll get straight into it, *writes Roger Hayes*.

Someone has dropped out of the food hygiene online test, so we have a spare place. Guys, it doesn't have to be a female! Please contact me if you feel you can help.

The Templer Ten, the last Trotter race of the year, is nearly upon us. The trial run will take place the day before the race, on Saturday 6th November, leaving the Passage House Hotel at 9:30am. Unfortunately the race clashes with the Plymouth Cross Country, so Gary Caunter is still short of a few marshals. If you are able to help then please contact him at gaz.caunter@yahoo.co.uk All those who help out at the Templer Ten will receive a FREE packed lunch, courtesy of the club, by way of a thank you.

The voucher system introduced this year will run again in 2011. This year, a few marshals returned Race HQ to find all the food had sold out. We'll be better prepared next year. In our defence, it was a first time for the system, so teething problems were likely. If you still hold a 2010 voucher, please note it won't be valid next year.

Virgin London Marathon rejection slips have started to arrive. If you are one of the unlucky ones, all is not lost! If you have racked up four points or more during the course of the year, just let me know and your name will go into a ballot for one of the four (hopefully!) places that our club will receive from EA. If you didn't manage to enter, but made a reasonable attempt to do so, and you also have four points or more (or will do after the Templer Ten), then you are now entitled (a new rule for 2010) to enter into the ballot. Again, please let me know.

The draw will take place during the evening of this year's Dinner & Dance. May I remind all participants that they must have every intention of taking part in the 2011 race, and not carry their entry over to 2012. The winners of these club places are not allowed under any circumstances to pass their numbers on to anyone else.

Talking of the Dinner & Dance, tickets are now on sale at just £10 each. John and Tina Caunter will be providing a three-course buffet, after which there will be a disco, where you can dance till you drop, or at least till midnight, when it all sadly has

to come to an end. The evening gets under way at 7pm on Saturday 11th December at the Kingsteignton Royal British Legion. It is of course the same night when we present a table full of silverware. The prize presentations will commence at 7:30pm. Dave Dunn is selling raffle tickets. Prizes include a couple of £50 vouchers for Ironbridge Runner, loads of booze, cash prizes and a behind the scenes visit to a lap-dancing club!

For all those members living in Teignmouth and Bishopsteignton, I have booked the 'love bus'. If you want a seat, please let me know. It will be a simple case of the first 16 names to me are those that go. It will cost £4 each — surely the bargain of the year!

Anyone with a perpetual trophy, could you please get it back to me ASAP. You can hand it to me on a Wednesday at Newton Abbot Leisure Centre or drop it round to my house. Ladies, if you've posted a half-decent time this year at either the marathon, half marathon or 10K and think it might be in the running for one of the fastest times, then please email me: chairmanrog@sky.com

We are currently seeking a lock-up garage, (we're on the waiting list for a unit at Jetty Marsh), so we can store all our race equipment under one roof. If you know of somewhere that is available for private hire (it has to be in the Newton Abbot/Kingsteignton area) then please let me know.

I'm pleased to announce that Noel Fowler has been co-opted onto the committee, filling the hole that Ronnie left when he sadly had to stand down.

One piece of late news. Due to the cancellation of the Tavy 7, we have had to find a replacement Club Championship race. I'm pleased to announce that the replacement event is our very own John Scott Trophy, on Sunday, 21st November. There are more details on this in Tarquin's Championship Update, on page five. Turn to page twelve for full details of the John Scott Trophy and related activities.

Before I sign off, I must congratulate Emma Sidebotham, Susie Ashleigh-Thomas and Dave Taylor for setting new club records with some scintillating performances. Turn to page nine for a full report.

DD update

Our Dartmoor Discovery team has been making steady progress, as June 2011 draws ever nearer. Roger Hayes has the latest.



He da man: Discovery Chief Marshal Ian Langler wants to hear from you!

price for a buffet-style, all you can eat deal — hopefully for less than £8. It has always been a bit flat whenever I have been up there the night before the race. If we can create a bit of a party atmosphere (shouldn't be hard with the Trotters!), get everyone chatting and mixing in, I think it will start the weekend off on the right foot.

Entries have been really encouraging. At time of going to press we have 74 signed up. I fully expect the race to be full and we'll probably end up having a waiting list! Sally Ingledew and myself have been on a mission to get the entry forms to all parts of the country while running our marathons. I think it's safe to say that the DD is very much 'out there'!

Sadly, no one came forward to fill the role of gaining sponsorship for the race, so I ended up doing it myself. Not a job I enjoy doing but nevertheless I have managed so far to

Saturday, June 4th, 2011, seems a long way away but it's a date that is always at the forefront of my mind!

Things are now really starting to take shape with the Dartmoor Discover (DD). The magazine will be hitting entrants' doormats during the second week of November. It's something John Ludlam and myself have been working hard on for the past couple of months and, I have to say, it looks fantastic — the word groundbreaking springs to mind. I'm confident that it will form an impressive platform that we as a club can push on from and stage an ultra marathon that we can all be proud of.

The race committee met recently and after a very productive meeting (three hours' worth!), we were left in no doubt (if we weren't already) as to the enormity of staging the race. Noel, John and myself have been up to Princetown and met various people from different establishments. The exercise proved very worthwhile, as we are now blessed with plenty of options to locate such services as the St John's Ambulance team, Dartmoor Radio Club, masseurs, changing areas, baggage depository, registration desk and parking.

The Plume of Feathers pub have agreed to hold a pasta party on the Friday night. We are currently negotiating a

secure over £1,600. This should enable the race to make a profit.

As you are all hopefully aware by now, Ian Langler is the event's chief marshal. I know June is a long way off, but please make his life easier and offer your services NOW. If you're a new member and have never marshalled a race before, Ian would especially love to hear from you. We have near on 200 members, so having the people power shouldn't be a problem. Together we can make this work. Please pick up the phone or hit that send button. Ian can be contacted on 01626 337501, or ilangler@hotmail.com

I hope to be able to produce a detailed list of all those who have offered their help, and will include it in the bumper Christmas edition of *The Trotter*.

On On!

Championship

latest

Tarquin brings us up to date with all the action in the Club Championship - and has a little peep into his crystal ball for us, too...

There's still a month to go until the end of this year's Club Championship and already it's looking like we're going to have a record number of Trotters completing the required number of races to complete the championship. Barring injury, or any other unforeseen circumstance, there should be nine ladies who will complete and 15 men. I believe that is a record number for the ladies!

Four ladies have already completed the required number of races and these are Sharon Bowman, Sarah Schutte, Jo Becker and Marsha Garrard. These ladies are currently 1st to 4th, respectively.

See Table 1 for how the ladies line up at present. Bear in mind that this table only shows the situation as we stand at present. The ladies in position 5-10 have not yet completed the required number of races, so therefore their points are still lower than they should

be. Once these ladies have completed the required races the table will look somewhat different.

Using the 'Average Points per Section', see Table 2 for what the championship table should look like, if these ladies continue their current form to the end of the season. This is easier to work out for the ladies who have completed more than five sections, but for the ladies who have completed only three or four sections, I am using an educated guess, based on their previous form and their age-graded percentage earned in similar races this year:

Table 2 is an indication of how the ladies will finish, if they do complete the required number of races and continue in the form that reflects the age-graded percentages they have been picking up for each type of race. As Tracy Elphick has only completed three sections to date, I have had to make a best guess of her final 'Average Points per Section'

figure, considering each of her percentages for individual races completed. Of course, the above table can be proved wrong if an individual's performances do not live up to, or exceed, expectation, or if the required races do not actually get completed. I know that Sally has already said that she is doubtful that she can complete, due to her marathon commitments.

In the men's competition, four have also completed the required number of races. These are Dave Tomlin, Daryl Milford, Mark Wotton and Nigel Penwarden. See Table 3 for how the men line up at present.

Again, Table 3 only shows the situation as we stand at present. All but four of these men have not yet completed the required number of races, so therefore their points are still lower than they should be. Once these men have completed the required races the table will look somewhat different.



Currently in sixth place: Eleanor Taylor.

	Points	Position	Section completed	Average Points Per section
BOWMAN, Sharon	290	1	7	48.33
SCHUTTE, Sarah	274	2	6	45.67
BECKER, Joanna	269	3	6	44.83
GARRARD, Marsha	268	4	6	44.67
ASTON, Eyvoll	250	5	5	50.00
TAYLOR, Eleanor	229	6	5	45.80
INGLEDEW, Sally	228	7	5	45.60
CAUNTER, Tina	190	8	4	47.50
SIDEBOTHAM, Emma	188	9	4	47.00
ELPHICK, Tracy	145	10	3	48.33

See Table 4 for what the championship table should look like, if these men continue their current form to the end of the season. I am using an educated guess, based on their previous form and their age-graded percentage earned in similar races this year. I have tweaked their 'Average Points per Section' accordingly, depending on how I anticipate they will do in the remaining races. I have also discounted those men who I know will not be able to complete the required number of races.

Table 4 is an indication of how the men will finish, if they do complete the required number of races and continue in the form that reflects the age-graded percentages they have been picking up for each type of race.

Please note: the Tavy 7 has been cancelled, following a dispute with the local council. The John Scott Trophy is the Tavy 7's replacement in the Mixed Section. Thus, the five remaining championship races are:

The 'Eller – Sunday 31 Oct – **Section 5**

Plymouth XC – Sunday 7 Nov – **Section 3**

John Scott Trophy – Sunday 14 Nov – **Section 7**

Drogo 10 – Sunday 21 Nov – **Section 6**

Bicton Blister – Sunday 28 Nov – **Section 6**

Of course, wildcards can still come into play, but the opportunities for finding suitable races for wildcards are also diminishing.

So, the season is almost at a close, with just the final push to the line! Will my estimated calculations of the final positions be proved correct, or will our Trotter championship contenders find that extra 10 per cent to overturn the statistics? There's only one way to find out; and that's by coming along to the events and being part of the action, either by taking part, or by supporting our hardy band of racers!



Currently in sixth place: Mark Becker

TABLE 2

ASTON, Eyvoll
ELPHICK, Tracy
BOWMAN, Sharon
CAUNTER, Tina
SIDEBOTHAM, Emma
TAYLOR, Eleanor
SCHUTTE, Sarah
INGLEDEW, Sally
BECKER, Joanna
GARRARD, Marsha

Points	Position	Anticipated Sections completed	Average Points Per section
300	1	6	50.00
293	2	6	48.80
290	3	7	48.33
285	4	6	47.50
282	5	6	47.00
275	6	7	45.80
274	7	6	45.67
273.6	8	6	45.60
269	9	6	44.83
268	10	7	44.67

TABLE 3

TOMLIN, Dave
MILFORD, Daryl
VIGERS, Wavell
WOTTON, Mark
PENWARDEN, Nigel
BECKER, Mark
BURMAN, Thomas
WATSON, Gary
CAMPBELL, Bruce
WALLACE, Stephen
BAKER, Graeme
LANGLER, Ian
MOULSON, Stuart
RAWLINSON, Steve
CHURCHILL Craig
WALTON, Ewan
HALES, Roger
BOOBYER, Simon
PENN, Graham

Points	Position	Section completed	Average Points Per section
299	1	7	49.83
288	2	7	48.00
245	3	5	49.00
240	4	6	40.00
238	5	7	39.67
227	6	5	45.40
220	7	5	44.00
215	8	5	43.00
204	9	5	40.80
191	10	5	38.20
189	11	4	47.25
179	12	4	44.75
139	13	4	34.75
135	14	4	33.75
130	15	4	32.50
128	16	3	42.67
125	17	3	41.67
112	18	3	37.33
106	19	3	35.33

TABLE 3

TOMLIN, Dave
VIGERS, Wavell
MILFORD, Daryl
BAKER, Graeme
BECKER, Mark
LANGLER, Ian
BURMAN, Thomas
WATSON, Gary
CAMPBELL, Bruce
WOTTON, Mark
PENWARDEN, Nigel
BOOBYER, Simon
MOULSON, Stuart
RAWLINSON, Steve
CHURCHILL Craig

Points	Position	Anticipated Sections completed	Anticipated Average Points Per section
300	1	7	50.00
293	2	6	48.80
289	3	7	48.33
284	4	6	47.25
273	5	6	45.40
272	6	7	45.33
264	7	6	44.00
258	8	6	43.00
245	9	6	40.80
240	10	6	40.00
238	11	7	39.67
228	12	6	38.00
209	13	6	34.75
203	14	6	33.75
195	15	6	32.50

Tale of the tats



Milos Erben

Wearing his Trotter tat with pride: Roger Hales looking good at the 2010 DD.

John Skinner marks a very important Trotters anniversary. It is ten years since the first Trotters took the ultimate step and branded themselves with the club tattoo...

The annual Trotters' bike ride is no more; it has been, probably for the best, confined to the history books. For those of you unfamiliar with this legendary biking escapade, it can best be described simply as a two-wheeled pub crawl starting in Kingsteignton and finishing in Teignmouth, taking in various watering holes en route. Needless to say over the years, the casualty list has made for pretty grim reading and following a gentle hint from the local old bill it was decided to pull the plug. Ten years ago, however, it was during one of these shindigs that the concept of the now internationally recognised Teignbridge Trotters tattoo was born.

Slumped in the Ivy House, Gary Watson, considerably into his cups, and brimming with *bonhomie*, announced that it would be a grand and noble idea to decorate his body with the emblem of our great club. Such was the overwhelming love that he felt for his drinking companions, at the time, it seemed

like a blinding plan. As with most of these alcohol-fuelled, harebrained schemes, however, the morning-after sobriety generally puts paid to such notions.

Weeks passed and personally I wasn't taking the whole business too seriously. But, crucially, the seed had been planted and, during a casual conversation at the Torbay 10K, I reminded Gary of his pledge. Nothing was agreed but we both knew the horse was out of the stable and that nothing could tempt the little fellow back. What happened next has been lost to the mysteries of time (well, lost to my memory, anyway) but, somehow, despite dreaming up the wheeze, Gary was beaten to the actual act of inking by Adrian Bailey and Julian Head. Never mind. He claimed the number three spot and set in motion a fine Trotters tradition.

That was ten years ago. Since then, 22 Trotters have been branded with the revered logo. I believe it to be unique in the

Since 2010, 22 Trotters have been branded with the revered logo

running fraternity. Indeed the national magazine, *Runners World*, has seen fit to run a feature on the tat, complete with a dashing photo.

We tattooees all have a tale to tell, but the question that intrigues me is 'Why?' One commonly held belief is that it displays loyalty. Well, maybe, but let us examine some of the vast majority in the club who have chosen not to sport the crest. Tommo, Dave Foster, Buzz, Josie — these are all deeply committed Trotters, who have flown the Trotters flag with far more distinction than I could ever have claimed to, and there are many more. Tommo wears his Trotters heart so brazenly on his Trotter arm that it may as well be a tattoo. When asked Dave simply says, 'No I would never have a tattoo.'

Fair enough. Interesting, though, because I agree: nor would I. And maybe there's the rub as far as I'm concerned: I don't even perceive it as a tattoo. Perhaps Steph sums it up best: 'I just did it for a laugh, really.'

A final word of warning, if anyone of you has felt suitably moved to take the plunge; you must understand that at any unveiling ceremony, wherever it may be, any fellow tattooees present must partake in the Chairman's drink. It is compulsory! Bear in mind that although this commonly occurs at the Christmas do or Chair's Barbie, it could just as well be on a Wednesday night immediately prior to the session or, worse still, on the start line of an actual race.



New boy: Friday Club Supremo Monkey is number 21 on the hallowed list.

Roll of honour

1. Adrian Bailey: upper arm (born to run replaced with 'run for life').
2. Julian: shoulder (spelled [incorrectly] in French).
3. Watsa: ankle (colour).
4. Gary Caunter: ankle.
5. Skins: upper arm.
6. John Caunter: ankle.
7. Dave Dunn: upper arm.
8. Smokes: upper arm.
9. Chair: upper arm.
10. Steph: shoulder (daintier design).
- 11 Vicky Hales: buttock (daintier design).
13. Tina Caunter: buttock, back or shoulder, not sure (slightly different dainty design).
14. Smiler: upper arm (Exeter).
15. Bex: upper arm.
16. Sue B: shoulder (dainty design, recently updated).
17. Gia: ankle (Manly design).
18. Jimmy: upper arm.
- 19 Tweeds: upper arm.
20. Stewart Dunn: upper arm (slightly larger, Roman numeral).
21. Monkey: upper arm.
22. Tarquin: upper arm (slightly larger, numbered).
23. That's for me to know and you to find out!

Membership Report

Membership Secretary **Dave Dunn** brings us up to date with our burgeoning membership, welcoming five new faces to the club.

It's only been a few weeks since my last Membership Report, but in that time our membership total has climbed by another six, to stand at 194. One of this number is accounted for by a late renewal, but we have been pleased to welcome five completely new members.

Neil Pallant, 41, from Newton Abbot has yet to make himself known to me. I think that I do quite well to put a face to nearly 200 members' names, but Neil, for now at least, remains a mystery! I'm sure that when I do meet him, and I have been absent from training quite a lot lately (that's the trouble of continually having niggling injuries), I'll say 'Oh! You're Neil!'

Debbie Clarke, 39, lives in that district of Teignmouth that must have the greatest density of Trotters than any other part of our catchment area. Debbie shares her immediate locality with Monkey, the Skinner-Ross household and Stewart Dunn, and also until quite recently, Tarquin. Debbie certainly won't be short of potential training partners!

Jo Billyard, 53, from Kingsteignton, has been training consistently with both the Monday evening Beginners group and on Wednesdays in the Improvers section. I'm sure that it's only a matter of time before Jo steps up to going out on the regular Monday social/recovery run, and takes part in the more structured sessions on offer every Wednesday.

Angie Gregory, 44, from Liverton, thought about joining the Trotters when her regular Saturday morning training partner got injured. Seeking company, rather than spending lonely hours on her exercise bike or treadmill, Angie decided that we were the club for her, particularly as she can fit our training in around her daughter's attendance at Tae-Kwon-Do classes at Newton Abbot Leisure Centre on Wednesday evenings.

Ian Woolley, 40, from Ipplepen, is married to former second-claim member Lucy. Ian has quickly settled into Trotter life and has been showing much potential once he established a disciplined training regime.

Where are they now?

No. 1: Dave O'Keefe

Longer-standing members may remember Dave O'Keefe, aka 'Doc', who dropped off the radar some time around 2006. Dave used to teach Science subjects at Teign School, and my kids certainly remember him from their time there in the 1990s.

Well, Dave has been in touch to let us know that he is alive and well, and living in Germany. He's still teaching, at the Bavarian International School. Dave now lives about 40 miles to the north of Munich, and describes the area as fantastic for cycling and running, with mile upon mile of surfaced tracks. Dave is still running and by the time this edition of *The Trotter* has hit your inbox, Dave will have taken part in an Ekiden event — a marathon relay. I will try to find out how he fared.

Dave also owns a flat in the beautiful city of Budapest. It is available for rent if any Trotter fancies a short break in that part of the world. I have his contact details if anyone is interested.



Record breakers

No less than three Trotter records tumbled on a momentous morning recently. Dave Dunn has the story.



Generation game: Dave Taylor (right) and son-in-law Mark Gilligan after the Amsterdam Marathon. Dave sliced nearly 15 minutes of the old record.

You wait six months for one club record to be broken and then... BANG! Three get smashed all on the same morning. It's hard to decide which is the most meritorious of these achievements, so I won't even try. Therefore, in no particular order, here are the three record breakers.

First up is Susie Ashleigh-Thomas, who eclipsed a record that had stood for 11 years when she clocked 53:55 at the Dartmoor Vale 10K, thereby bettering Pauline Newsholme's FV60 mark set at Ivybridge in 1999 by exactly 100 seconds.

Next on the roll of honour is Emma Sidebotham, who made the journey to Abingdon more than worthwhile by pulverising the Senior Ladies marathon record with her 3:35:32. It's true that we don't get that many ladies between the ages of 21 and 35 running marathons, but Emma chopped a whopping 39 minutes off Samm Gee's time, set ironically enough at the Dartmoor Vale marathon of 2004.

Finally, Dave Taylor took in the sights of Amsterdam and obviously found them to his liking because he wiped out Robert Tinnyunt's MV60 marathon record time that had stood since the

London Marathon of 2001. Dave's new record time of 3:43:51 sliced nearly a quarter of an hour off Robert's old time.

I don't know if we can expect similar heroics from Susie, Emma and Dave, or anyone else for that matter, during the coming month, but I'm sure that it won't be for the want of trying. Opportunities for fast racing over the classic distances of 10K, 10 miles, half marathon or the full monty are few and far between during November, and even then the weather can be a big influence. Unfortunately the Cheddar Half Marathon is no more, but the Ilminster Lions 10K on the 7th, though it clashes with our own Templer Ten, or the Wimborne 10, the Castle Combe Chilly 10K and the Swindon 10K, which are all on the 21st, offer the potential for more record-breaking performances.

Wherever you're racing in the coming month, have a great time, and don't forget to tell one of our Press & Publicity team of Rod Payne, Dave Tomlin and Sharon Bowman, all about it. Their contact details, together with a full updated list of our Club Records can be found on our web site www.teignbridgetrotters.co.uk

Vale travails

The Dartmoor Vale events on October 17 brought out the best from a tough band of Trotters. Pictures by Nigel Penwarden.



John Tweedie digs in during the half marathon...

Jo Becker takes some well-earned nourishment on board after the half.



Graham Penn inspects his medal after the half. It was all worth it, Inky!



Kevin Besford pauses for breath after breaking two hours at half marathon for the first time in 25 years!



A life on the ocean wave



Tarquin has a wizard wheeze for a summer jaunt with a difference...

Now the summer is over, my thoughts are turning to what fun adventures the Trotters could have next summer!

The cancellation of this year's Summer Ball was a great shame and we have been thinking of the reasons why it did not really get off the ground. Yes, the price was a bit off-putting, but maybe it was the whole formal scenario of dressing up in a DJ or ball gown that didn't appeal. It certainly didn't help that it was planned on a Friday night, which can be more inconvenient for some. Maybe we Trotters just prefer something a lot less stuffy?

So, how about this for something completely different? Here's the scenario. Date: Saturday, 23rd July, 2011... We all meet on Exmouth beach on the Saturday afternoon/evening for a BBQ and Trotter beach party, laid on by our very own BBQ king, Chairman Rog. Then, at about 7.30pm, we make our way to Exmouth harbour where we will join the 'Pride of Exmouth', which has been specially hired for the Trotters for the evening.

At 8pm, we set off on a two-hour cruise along the river Exe and around the bay to Teignmouth. On board there will be a disco and two licensed bars, offering normal pub prices! The vessel has two decks, so anyone who wants a break from the disco can relax on the other deck.

The open top deck offers a 360-degree view and has a folding canvas roof in case it rains! Remove a few benches and you have the perfect setting for an outside disco. On the lower deck you can find the full bar and a heated lounge area with panoramic windows. So, the disco can be held on whichever floor suits the weather! At around 10.30pm, we will be landed on the back beach at Teignmouth and, from there, we can take the opportunity for more drinks and socialising in the many fine hostelrys in this locale.

You can get to Exmouth by taking the train to Starcross, then the ferry across the Exe, or by train all the way to Exmouth.

The last ferry from Starcross to Exmouth departs at 5.10pm, and there is a connecting train from Torquay (4.18pm), Newton Abbot (4.30pm) and Teignmouth (4.38pm). The ferry can carry up to 90 people, so there will no problem with carrying us all across.

Further details and prices will be published in forthcoming issues of *The Trotter*. However, the tickets will work at £14 each, based on 50 people coming. Therefore the more people who come the cheaper it will be! The vessel can more than comfortably carry over 125 people and is licensed for up to 250, so spread the word and let's make it an evening to remember!





The John Scott Trophy

The handicap race to end all handicap races is now a Club Championship event!

Sunday 21st November, at 3pm
From: Abbrook Park Sports and Social club, Kingsteignton TQ12 3PS
Four-mile handicap race

Lots of prizes!

Please let Steph Ross (RD) know if you intend to run. She can then work out your handicap.

Bring a gift suitably wrapped to the value of £5.

Carvery in the White Hart afterwards!



Kids' hoodies for sale

FED UP WITH THIS? WELL, NOT FOR MUCH LONGER!

We now offer our famous hoodies in kids' sizes, priced at just £15!

Sizes - Small 26-28", Medium 30", Large 32-34", X/L 34-36"

Place your order with John Caunter before 19th November!

Ideal Christmas present!

The Trotter

Editor: John Ludlam

Many thanks to everyone who contributed to this edition.

Next month: It's Chriiiiistmas! Look out for a bumper seasonal edition on December 11.

Have you got a Trotters story to tell? Is there a feature you'd like to see included? We'd love to hear from you.

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