



Sponsored by
Harold Michelmore | Solicitors
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SATURDAY 16th JULY 2011, STARTING AT 6.30pm

Approx six miles of off-road running
Get a breath of real fresh air, run on the wild side across Dartmoor

Make a weekend of it
BBQ, CAMP FIRE AND LIVE MUSIC
Camping / Indoor accommodation / Limited Campervan Spaces

START/FINISH NEAR MIDDLE CAR PARK BELOW HAYTOR ROCK.
RACE HQ AT BROADLEAS BOYS BRIGADE CENTRE WITH TOILETS AND SHOWERS

Entry Fee £10, discounted £8 ARC/EA affiliated (non-refundable)

Entries Close by **15/07/11** or before at Race Limit of 250

Race limit of 250 - SOLD OUT IN 2010! - Strictly No entries on the day

Cheques payable to 'Teignbridge Trotters'

Post entries to: Haytor Heller, 69 Teignmouth Road, Teignmouth, Devon, TQ14 8UR along with **A5 SAE**



Awards to 1st 3M/3F & 1st 2 in: M35/40/45/50/55/60, F35/40/45/50/55

Plus NEW for 2011 1st Male / 1st Female Team (3 to count for both)

USEFUL memento to all finishers

Prize giving will take place at Race HQ by 8:30pm

All entry enquires please contact Roger Hayes chairmanrog@sky.com



For all other enquiries (including enquiries on accommodation) please call race director Buzz Terrill on 01803 528648

Visit www.teignbridgetrotters.co.uk for up to date list of entries

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ENTRY FORM

First Name: Surname:

Address:

..... Post Code:

Tel No: Sex: M / F

Email:

Date of Birth: / / Age on 16/07/2011:

ARC / EA Affiliated Club:

I declare that I am an amateur under the current Association of Running Club Rules and Laws and will abide by the ARC Rules. I accept that the race is organized as a foot race and confirm that I will not enter this race unless I am 17 years or older on the day of the race and I am fit to do so. I accept that I take part in this race at my own risk and will not hold the organisers of this event responsible for any injury, loss or damage that might arise as a result of my participation in this event.

Signed

Date / /

Please return to:

Haytor Heller, 69 Teignmouth Road, Teignmouth, Devon, TQ14 8UR