



2010 - TEMLER TEN

SPONSORED BY

IRONBRIDGE RUNNER & THE PASSAGE HOUSE HOTEL

ON SUNDAY 7th NOVEMBER 2010 at 1000hrs

Held under Uka rules Licence No. 2010-100887

Strict Race Limit of 250 – NO ENTRIES ON THE DAY

Get your entries in early to guarantee your place

Quality Memento, to all finishers

Approximately 9.7 mile rural course, incorporating the picturesque Stover Park
(Approx 3.5 miles on road, remainder a mix of tracks and fields)

Trophies/Prizes for the first 5 men & ladies

First 2 – M35, M40, M45, M50, M55, M60, F35, F40, F45, F50

TEAM PRIZE [first only]: 6 men to count, 4 ladies to count – affiliated only

Start/Finish: PASSAGE HOUSE HOTEL, Kingsteignton.

LIMITED car parking (please try and car share)

Entry Fee £10.00.

£8.00 for EA licenced athletes

-----ENTRY FORM-----

SURNAME: _____ FIRST NAME: _____

ADDRESS: _____

TEL NO: _____ DOB: _____ AGE (07/11/10): _____ M/F: _____

AFFILIATED CLUB: _____ EA Affiliation Number: _____

I declare that I am an amateur as defined by Uka rules, that I am medically fit to run and understand that I enter at my own risk. The organisers shall not be held responsible or liable for any injury, loss or damages arising as a consequence of my participation in the Templer Ten. I understand that acceptance of my entry is subject to the approval of the race organisers and that after acceptance, the entry fee is not refundable. I will be over 16 years of age on 6th November 2010.

For safety reasons no audio equipment to be worn during this race.

SIGNED: _____ DATE: _____

Please ensure correct postage and enclose a cheque payable to TEIGNBRIDGE TROTTERS, along with an A5 SAE for race number and information.

Return to ROGER HAYES, 69 Teignmouth Road, Teignmouth, Devon. TQ14 8UR