

Pound the Pound 2023 Results

Individual results

Ryan Palethorpe 16 Laps 6 hrs 4 mins
Adam Coupe 16 Laps 6 hrs 15 mins
Zoe Binnion 15 Laps 6 hrs 8 mins
Etienne Duthuit 14 Laps 5hrs 54 mins
Damian Fletcher 14 Laps 6 hrs 5 mins
Luke Day 14 Laps 6 hrs 14 mins
Billy Ware 14 Laps 6 hrs 15 mins
Sharon Daw 13 Laps 5 hrs 34 mins
Michael Tatton 13 Laps 5 hrs 49 mins
Jamie Johnstone 13 Laps 5 hrs 59 mins
Ann Lonie 13 Laps 6 hrs 1 mins
Steph Holton 13 Laps 6 hrs 3 mins
Dan Loder 13 Laps 6 hrs 7 mins
Katrina Smale 13 Laps 6 hrs 19 mins
Steven Whitworth 13 Laps 6 hrs 24 mins
William Croxford 12 Laps 5 hrs 37 mins
Marcus McDonald 12 Laps 5 hrs 50 mins
Tom Williams 12 Laps 5 hrs 55 mins
Matt Blake 12 Laps 6 hrs 1 mins
Liz Clifford 12 Laps 6 hrs 8 mins
Denise Sanders 12 Laps 6 hrs 23 mins
Ross Fuller 11 laps 4 hrs 56 mins
Beverley Collins 11 Laps 5 hrs 16 mins
Ashley Braunton 11 Laps 5 hrs 36 mins
Garry Letheren 11 Laps 5 hrs 38 mins
Peter Hall 11 Laps 5 hrs 49 mins
Gemma Rowe 11 Laps 6 hrs 7 mins
Andrew Bickle 11 Laps 6 hrs 19 mins
Mark Pattenden 10 Laps 5 hrs 17 mins
Kevin Hookway 10 Laps 5 hrs 17 mins
Adrian Phillips 10 Laps 5hrs 54 mins
Donna Marriott 10 Laps 6 hrs 20 mins
Vince Irwin 10 Laps 6 hrs 22 mins
Deborah Freeman 10 Laps 6 hrs 22 mins
Claire Kuczer 9 Laps 4 hrs 25
Simon Oliver 9 Laps 4 hrs 33 mins
Marc Kerr 8 Laps 3 hrs 15 mins
Tim Sleeman 8 Laps 3 hrs 51 mins
Damian Railstone 8 Laps 4 hrs 24 mins
Paul Blake 8 Laps 4 hrs 37 mins
Nicola Oliver 8 Laps 5 hrs 40 mins

Emily Croxford 8 Laps 5 hrs 57 mins
Holly Paddon 7 Laps 4 hrs 15 mins
David Barker 6 Laps 2 hrs 40 mins
Bryony Quinn 6 Laps 2 hrs 54 mins
Sacha Surgeon 6 Laps 2 hrs 54 mins
Emma Tancock 6 Laps 2 hrs 54 mins
Karen Saunders 6 Laps 3 hrs
Ethan Paddon 6 Laps 3 hrs 30 mins
Jude Millage 6 Laps 3 hrs 37 mins
Debbie Green 6 Laps 3 hrs 37 mins
Justin Beckley 6 Laps 5 hrs 1 min
Becky Mountford 6 Laps 5 hrs 1 min
Mark Sheilds 5 Laps 2 hrs 35 mins
Gary Holton 5 Laps 2 hrs 57 mins
Shirley Grills 5 Laps 3 hrs 45 mins
Becky Brennan 4 Laps 1 hrs 43 mins
Hakan Karlsson 4 Laps 1 hrs 56 mins
Laura Winkley 4 Laps 2 hrs 25 mins
Amy Mitchell 4 Laps 2 hrs 25 mins
Becky Goulding 4 Laps 2 hrs 37 mins
Grace Olde 4 Laps 3 hrs
Samuel Olde 4 Laps 3 hrs
Lesley Taylor 4 Laps 3 hrs 21 mins
Rosemary Sanders 4 Laps 3 hrs 21 mins
Nicola Baddick 3 Laps 1 hr 33 mins
Lorrie Woolgar 3 Laps 1 hr 43 mins
Sharon Blyth 3 Laps 1 hr 43 mins
Jacky Hevingham 3 Laps 1 hr 51 mins
Denise Smith 3 Laps 2 hrs 2 mins
Carole Dart 3 Laps 2 hrs 14 mins
Helen Knowles 3 Laps 2 hrs 15 mins
Jan Mountford 3 Laps 2 hrs 15 mins
Sue Scott 3 laps 2 hrs 15 mins
Tracey Grigg 3 laps 2 hrs 30 mins
Belinda Walker 3 Laps no time recorded
Elliot Jones 1 Lap 1 hr 24 mins
Sian Jenkins 1 Lap 1 hr 40 mins

Team Results

Jurassic Trekkers 17 Laps 6 hrs 5 mins
Tres Amigos 16 Laps 6 hrs 13 mins
Team Jones 11 Laps 4 hrs 42 mins
Just Jog Team 1 9 Laps 4 hrs 56 mins
Mums what dine.. 9 Laps 5 hrs 59 mins
The 4 Snowdrops 3 Laps 1 hr 33 mins