

Ladies 10K - sponsored by Sibelco

Dornafeld Camp Site: 10 Km
 Sunday 24-Sep-2023 at 10:00
 Organised by: Teignbridge Trotters

Race Results

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender Pos	Cat Pos
1	67	Naomi FLANAGAN	F V35	Torbay Tri Club	00:38:46	00:38:46	1	1
2	195	Molly SHOREY	F Junior	City Of Plymouth Ac	00:40:46	00:40:46	2	1
3	158	Chloe OLFORD	F Senior	Teignbridge Trotters	00:41:29	00:41:29	3	1
4	114	Lauren KNOX	F Senior	Storm Plymouth	00:42:03	00:42:00	4	2
5	19	Hannah BOWN	F V45	Exmouth Harriers Aac	00:43:33	00:43:30	5	1
6	50	Ana Caterina DE SILVA GONCALVES	F Senior	Exmouth Harriers Aac	00:43:49	00:43:46	6	3
7	154	Elizabeth NUTTALL	F V45	Teignbridge Trotters	00:43:59	00:43:59	7	2
8	153	Rebecca NILES	F Senior	Torbay Aac	00:44:21	00:44:12	8	4
9	98	Dana KÁLIN	F Senior	Exmouth Harriers Aac	00:44:42	00:44:38	9	5
10	225	Chloe WEEKS	F Senior	Teignbridge Trotters	00:45:03	00:45:00	10	6
11	96	Hannah JONES	F V45	Unattached	00:45:05	00:45:01	11	3
12	131	Sarah MARKWICK	F V40	Erme Valley Harriers	00:46:47	00:46:45	12	1
13	65	Claire FAITHFULL	F Senior	Unattached	00:46:56	00:46:53	13	7
14	74	Molly GILBEY	F Junior	City Of Plymouth Ac	00:47:04	00:47:04	14	2
15	103	Jodie KENYON	F V35	Dartmouth Aac	00:47:30	00:47:11	15	2
16	245	Jacki WOON	F V60	Teignbridge Trotters	00:47:59	00:47:55	16	1
17	182	Sarah SADLER-SMITH	F Senior	Torbay Aac	00:48:10	00:48:03	17	8
18	16	Anthea BOARD	F V55	Haldon Trail Runners	00:48:44	00:48:40	18	1
19	148	Clara MURPHY	F Senior	Unattached	00:48:57	00:48:48	19	9
20	209	Phoebe TIMSON	F Junior	City Of Plymouth Ac	00:49:02	00:49:02	20	3
21	192	Melanie SHEEHAN	F V35	Teignbridge Trotters	00:49:26	00:49:16	21	3
22	142	Olivia MILLS	F Senior	Teignbridge Trotters	00:49:27	00:49:24	22	10
23	199	Kathryn STEEMSON	F V50	Teignbridge Trotters	00:49:34	00:49:30	23	1
24	11	Sarah BARHAM	F V60	Unattached	00:49:37	00:49:30	24	2
25	171	Miriam QUICK	F V40	Unattached	00:49:45	00:49:42	25	2
26	252	Sarah HEARN	F V50	Unattached	00:50:05	00:49:59	26	2
27	88	Kate HEATON	F Senior	Teignbridge Trotters	00:50:54	00:50:49	27	11
28	151	Catherine NEWMAN	F V60	Exmouth Harriers Aac	00:51:05	00:50:43	28	3
29	251	Rachel LONGTHORPE	F V50	Torbay Tri Club	00:51:18	00:51:09	29	3
30	62	Alison ENGLEDEW	F V65	Erme Valley Harriers	00:51:24	00:51:19	30	1
31	202	Lydia STONE	F V35	Unattached	00:51:26	00:51:08	31	4
32	28	Sarah BURNINGHAM	F V45	Teignbridge Trotters	00:51:50	00:51:46	32	4
33	208	Sophie THOMSON	F Senior	Torbay Aac	00:51:57	00:51:48	33	12
34	91	Sarah HOLLAND	F V45	Tavistock Ac	00:52:30	00:52:24	34	5
35	105	Nicki KERSWILL	F V50	Unattached	00:52:39	00:52:33	35	4
36	198	Emma START	F V50	Bovey Valley Runners	00:52:52	00:52:45	36	5
37	101	Nicola KELLY	F V55	Exmouth Harriers Aac	00:53:06	00:52:52	37	2
38	100	Emily KELLY	F Senior	Exmouth Harriers Aac	00:53:06	00:52:53	38	13
39	118	Victoria LATHAM	F V40	Bovey Valley Runners	00:53:17	00:53:10	39	3
40	203	Larissa SULLIVAN	F V45	Bovey Valley Runners	00:53:22	00:53:13	40	6
41	113	Kim KNIGHT	F V50	Teignbridge Trotters	00:53:32	00:53:26	41	6
42	248	Clare YOUNGMAN	F V55	Teignbridge Trotters	00:53:58	00:53:54	42	3

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Pos
43	220	Francesca WALKER	F Senior	Erme Valley Harriers	00:54:03	00:53:56		43	14
44	55	Kay DOUGLAS	F V65	Exmouth Harriers Aac	00:54:09	00:53:46		44	2
45	102	Rebecca KENNEDY-BRUYNEELS	F V40	Bovey Valley Runners	00:54:09	00:54:02		45	4
46	135	Nikki MAY	F V35	Riviera Racers	00:54:09	00:53:55		46	5
47	57	Pamela DUNCAN	F V60	Unattached	00:54:27	00:54:20		47	4
48	254	Cassandra HARRISON	F V45	Torbay Tri Club	00:54:33	00:54:24		48	7
49	75	Claire GILLARD	F V60	Teignbridge Trotters	00:54:44	00:54:38		49	5
50	143	Becky MITCHELL MBE	F V45	Unattached	00:54:51	00:54:33		50	8
51	229	Elaine WHITE	F V50	Dartmouth Aac	00:54:53	00:54:36		51	7
52	79	Siobhan GRADY	F V55	Unattached	00:55:01	00:54:52		52	4
53	196	Estelle SKINNER	F V40	Dawlish Coasters	00:55:17	00:55:02		53	5
54	140	Elizabeth MICHAELSON	F V55	Exmouth Harriers Aac	00:55:39	00:55:17		54	5
55	68	Kate FOLEY	F V45	Unattached	00:55:44	00:55:23		55	9
56	250	Lucy NELSON	F V55	Riviera Racers	00:55:47	00:55:32		56	6
57	7	Eyvoll ASTON	F V50	Teignbridge Trotters	00:55:52	00:55:45		57	8
58	126	Susan LYLE	F V60	Brixham Harriers	00:56:11	00:55:47		58	6
59	1	Bridget ADAMS	F V55	Unattached	00:56:22	00:56:06		59	7
60	107	Laura KILDUFF	F V40	Bovey Valley Runners	00:56:41	00:56:35		60	6
61	49	Louise DAVIS	F V40	Bovey Valley Runners	00:56:47	00:56:41		61	7
62	235	Sarah WIDNELL	F V50	Unattached	00:56:54	00:56:33		62	9
63	194	Sally SHOOLBRAID	F V60	Bovey Valley Runners	00:57:02	00:56:53		63	7
64	21	Lisa BOYD	F V50	Exmouth Harriers Aac	00:57:11	00:56:56		64	10
65	76	Lucy GODDARD	F V50	Riviera Racers	00:57:35	00:57:21		65	11
66	191	Shaz SHARPLES	F V55	Teignbridge Trotters	00:57:38	00:57:20		66	8
67	70	Vicky GAMMIN	F Senior	Unattached	00:57:54	00:57:37		67	15
68	161	Kirsty PEARCE	F V50	Bovey Valley Runners	00:57:57	00:57:47		68	12
69	122	Joanna LONGHURST	F V35	Unattached	00:58:24	00:58:05		69	6
70	184	Kate SALMON	F V45	City Of Plymouth Ac	00:58:25	00:58:09		70	10
71	185	Lorien SALMON	F Senior	Unattached	00:58:25	00:58:09		71	16
72	170	Laura QUICK	F Senior	Unattached	00:58:28	00:58:14		72	17
73	86	Deb HART	F V60	Teignbridge Trotters	00:58:30	00:58:24		73	8
74	17	Helene BOND	F V55	Lonely Goat Rc	00:58:43	00:58:13		74	9
75	71	Lynda GARCIA	F V55	South West Road Runners	00:58:44	00:58:35		75	10
76	212	Evie TUCKER	F Senior	Teignbridge Trotters	00:58:49	00:58:15		76	18
77	22	Corinne BRIGHT	F V45	Teignbridge Trotters	00:59:05	00:58:59		77	11
78	163	Caroline PICK	F V60	Unattached	00:59:07	00:58:54		78	9
79	36	Anita CHAMBERS	F V60	Plymouth Musketeers Running Club	00:59:09	00:58:45		79	10
80	144	Claire MORRISSEY	F Senior	Plymouth Musketeers Running Club	00:59:10	00:58:44		80	19
81	215	Vivienne TURNER	F V55	Dartmouth Aac	00:59:13	00:58:53		81	11
82	94	Sinead JEFFERIES	F V45	Bovey Valley Runners	00:59:23	00:59:16		82	12
83	130	Rachel MARKS	F V35	Riviera Racers	00:59:24	00:59:08		83	7
84	84	Dominique HARCOURT	F V45	Teignbridge Trotters	00:59:25	00:59:18		84	13
85	180	Kate ROGERS	F V65	Tavistock Ac	00:59:28	00:59:20		85	3
86	240	Laura WOODHALL	F V45	Unattached	00:59:28	00:58:56		86	14
87	200	Marianne STEPHEN	F V40	Unattached	00:59:31	00:59:14		87	8
88	243	Jo WOODS	F V50	Unattached	00:59:39	00:59:23		88	13
89	108	Jenny KING	F V40	Riviera Racers	00:59:43	00:59:29		89	9
90	227	Susanne WESTGATE	F V60	Teignbridge Trotters	00:59:47	00:59:34		90	11

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Pos
91	164	Alex PICKSTONE	F V40	Unattached	00:59:51	00:59:33		91	10
92	206	Dawn TEED	F V60	Exmouth Harriers Aac	01:00:06	00:59:43		92	12
93	33	Nikki CAUNCE	F Senior	Riviera Racers	01:00:06	00:59:51		93	20
94	217	Catherine VICKRIDGE	F V50	Unattached	01:00:13	00:59:38		94	14
95	205	Eleanor TAYLOR	F V60	Teignbridge Trotters	01:00:16	00:59:43		95	13
96	173	Rachel RAMSDEN	F V40	Unattached	01:00:20	00:59:59		96	11
97	234	Rabecca WICKENS	F V40	Unattached	01:01:01	01:00:52		97	12
98	24	Helen BRITTON	F V45	Unattached	01:01:08	01:00:51		98	15
99	237	Claire WITHAM	F V45	Unattached	01:01:12	01:00:57		99	16
100	221	Ruth WARNE	F V50	Unattached	01:01:13	01:01:04		100	15
101	3	Emma ALEE	F V45	Plymouth Musketeers Running Club	01:01:16	01:00:54		101	17
102	5	Louise ARMITAGE	F V45	Plymouth Musketeers Running Club	01:01:21	01:00:58		102	18
103	95	Sarah JOHNSON	F V40	Unattached	01:01:23	01:00:54		103	13
104	35	Rachel CHAMBERLAIN	F V40	Cranbrook Running Club	01:01:41	01:01:29		104	14
105	61	Debbie ELPHICK	F V35	Teignbridge Trotters	01:01:42	01:01:30		105	8
106	178	Leanne REEVES	F V35	Unattached	01:02:19	01:02:02		106	9
107	40	Natalie COOK	F V40	Unattached	01:02:44	01:02:12		107	15
108	155	Suzanne O'DONOGHUE	F V50	Teignbridge Trotters	01:02:49	01:02:36		108	16
109	72	Jemima GEE	F Junior	Unattached	01:02:51	01:02:34		109	4
110	150	Georgina NENDICK	F Senior	Unattached	01:02:59	01:02:24		110	21
111	228	Rachel WHALE	F Senior	Unattached	01:02:59	01:02:24		111	22
112	210	Hollie TOWNSEND	F Senior	Unattached	01:03:09	01:02:55		112	23
113	117	Jade LANGWORTHY	F V35	Unattached	01:03:22	01:02:53		113	10
114	82	Joanna GRIFFIN	F V55	Teignbridge Trotters	01:03:27	01:03:18		114	12
115	177	Anna RAWLES	F V50	Heavitree & Wonford Running Club	01:03:37	01:03:12		115	17
116	149	Mary NEAL	F V60	Unattached	01:03:41	01:03:10		116	14
117	85	Helen HARRISON	F V50	North Norfolk Beach Runners	01:03:46	01:03:20		117	18
118	34	Ro CARTWRIGHT	F V60	Unattached	01:03:52	01:03:33		118	15
119	253	Karen O'BRIEN	F V55	Teignbridge Trotters	01:04:06	01:03:48		119	13
120	230	Francesca WHITE	F Senior	Teignbridge Trotters	01:04:15	01:03:41		120	24
121	18	Frances BOWLER	F V50	Teignbridge Trotters	01:04:15	01:04:00		121	19
122	116	Amanda LACEY	F V55	Teignbridge Trotters	01:04:20	01:04:12		122	14
123	64	Lucy EVANS	F V45	Teignbridge Trotters	01:04:21	01:04:08		123	19
124	119	Laura LAW	F Senior	Teignbridge Trotters	01:04:21	01:04:09		124	25
125	32	Kathy CARROLL	F V65	Unattached	01:04:44	01:04:21		125	4
126	120	Lisa LEWIS	F V45	Tamar Trotters	01:04:51	01:04:18		126	20
127	27	Elise BUDD	F Senior	Unattached	01:04:57	01:04:42		127	26
128	60	Dawn DYER	F V60	Plymouth Musketeers Running Club	01:05:12	01:04:48		128	16
129	31	Muriel CARRODUS	F V65	Unattached	01:05:23	01:05:01		129	5
130	104	Alice KERR	F V35	Unattached	01:05:35	01:05:17		130	11
131	10	Lynda BANBURY	F V60	Unattached	01:05:37	01:05:09		131	17
132	54	Ruth DORSET	F V60	Unattached	01:05:42	01:05:29		132	18
133	193	Becky SHERING	F Senior	Unattached	01:05:44	01:05:07		133	27
134	93	Sharron HUTCHINGS	F V55	Unattached	01:05:58	01:05:38		134	15
135	181	Erica ROSS	F V60	Bovey Valley Runners	01:06:04	01:05:57		135	19
136	48	Ros CUTTS	F V50	Unattached	01:06:08	01:05:42		136	20
137	14	Jill BISHOP	F V65	Bovey Valley Runners	01:06:10	01:05:48		137	6
138	66	Jackie FITTON	F V60	Bovey Valley Runners	01:06:12	01:05:51		138	20

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139	38	Claire CHEETHAM	F V45	Unattached	01:06:30	01:05:57		139	21
140	162	Charlotte PHILIPPOU	F Senior	Torbay Aac	01:06:38	01:06:06		140	28
141	166	Karen POMFRET	F V55	Unattached	01:06:39	01:06:11		141	16
142	219	Deborah VINNICOMBE	F V65	Honiton Running Club	01:06:40	01:06:08		142	7
143	189	Andrea SEAR	F V50	Unattached	01:06:53	01:06:27		143	21
144	23	Nicky BRIMICOMBE	F V50	Brixham Harriers	01:06:55	01:06:17		144	22
145	255	Justine SUTTON	F V50	Fit 2 Run	01:07:11	01:06:40		145	23
146	4	Caroline ANTHONY	F V45	Unattached	01:07:20	01:06:52		146	22
147	9	Clare ATKINSON	F V40	Plymouth Musketeers Running Club	01:07:44	01:07:13		147	16
148	73	Laura GEORGE	F V40	Plymouth Musketeers Running Club	01:07:48	01:07:16		148	17
149	160	Jessica PEARCE	F Senior	Unattached	01:08:02	01:07:34		149	29
150	69	Jacqueline FORTE	F V60	Unattached	01:08:04	01:07:27		150	21
151	134	Laura MASON	F V35	Dawlish Coasters	01:08:09	01:07:42		151	12
152	51	Nicola DEAN	F V50	Brixham Harriers	01:08:14	01:07:35		152	24
153	45	Sally CRONIN	F V60	Unattached	01:08:22	01:08:03		153	22
154	204	Nicky SWANN	F V50	Teignbridge Trotters	01:08:36	01:08:20		154	25
155	224	Julie WEBB	F V60	Teignbridge Trotters	01:08:40	01:08:35		155	23
156	53	Sarah DELORME	F V45	Plymouth Coasters	01:08:54	01:08:20		156	23
157	13	Shannon BAYS	F V35	Plymouth Coasters	01:08:55	01:08:21		157	13
158	81	Jenny GRAY	F V40	Unattached	01:09:08	01:08:34		158	18
159	112	Clare KNIGHT	F V55	Unattached	01:09:13	01:09:03		159	17
160	78	Elizabeth GORST	F V60	Teignbridge Trotters	01:09:18	01:09:03		160	24
161	139	Amy METHERINGHAM	F V40	Unattached	01:09:31	01:08:54		161	19
162	223	Sarah WATMORE	F Senior	Unattached	01:09:36	01:09:00		162	30
163	187	Shaaron SANDERSON	F V60	Unattached	01:10:06	01:09:53		163	25
164	77	Phillippa GOODWIN	F V60	Bovey Valley Runners	01:10:29	01:10:07		164	26
165	125	Madeleine LYLE	F Senior	Waverley Harriers	01:10:50	01:10:25		165	31
166	15	Mary BLACK	F V65	Bovey Valley Runners	01:11:09	01:10:47		166	8
167	44	Helen CORY	F V50	Unattached	01:11:20	01:10:53		167	26
168	43	Heather CORY	F Senior	Unattached	01:11:22	01:10:55		168	32
169	207	Jacky THEEDOM	F V65	Lonely Goat Rc	01:11:49	01:11:19		169	9
170	30	Sue CAMPLING	F V55	Bovey Valley Runners	01:12:27	01:12:17		170	18
171	236	Maryanne WILLS	F V40	Unattached	01:12:47	01:12:11		171	20
172	226	Joanne WELCH	F V60	Storm Plymouth	01:13:10	01:12:59		172	27
173	214	Dona TURNER	F V45	Plymouth Musketeers Running Club	01:13:54	01:13:29		173	24
174	63	Irene ENVY	F V60	Unattached	01:13:54	01:13:30		174	28
175	29	Cath BURT	F V50	Unattached	01:14:05	01:13:38		175	27
176	138	Katie MELVILLE	F V50	Unattached	01:14:17	01:13:56		176	28
177	39	Sue COLBOURNE	F V60	Unattached	01:14:40	01:14:06		177	29
178	231	Debbie WHITMORE	F V40	Unattached	01:14:48	01:14:19		178	21
179	87	Sally HAYES	F V60	Unattached	01:14:52	01:14:33		179	30
180	121	Jo LITTLE	F V55	Unattached	01:14:52	01:14:32		180	19
181	197	Angie SMITH	F V60	Storm Plymouth	01:15:02	01:14:51		181	31
182	213	Gill TUCKER	F V70+	Storm Plymouth	01:15:04	01:14:54		182	1
183	241	Sally WOODHOUSE	F V50	Teignbridge Trotters	01:15:48	01:15:22		183	29
184	256	Cliare HEAD	F V50	Unattached	01:16:12	01:16:04		184	30
185	186	Sandra SALTER	F V50	Unattached	01:16:25	01:15:59		185	31
186	12	Charlotte BATCHELOR	F V45	Brixham Harriers	01:16:29	01:15:51		186	25

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187	106	Lynda KERVIN	F V45	Unattached	01:18:19	01:17:43		187 26
188	80	Emma GRAINGER	F V70+	Sidmouth Running Club	01:18:43	01:18:23		188 2
189	6	Beverley ASHE	F V65	Unattached	01:19:14	01:18:36		189 10
190	141	Sarah MILLER	F V60	Unattached	01:20:56	01:20:25		190 32
191	152	Rachel NICHOLLS	F V40	Unattached	01:23:45	01:23:14		191 22
192	218	Dawn VINECOMBE-ELLIOTT	F V40	Unattached	01:23:45	01:23:14		192 23
193	110	Fiona KIRK	F V40	Unattached	01:23:46	01:23:14		193 24
194	246	Mandy WYKES	F V50	Unattached	01:28:57	01:28:18		194 32
195	179	Beverley RILEY	F V60	Storm Plymouth	01:29:41	01:29:29		195 33
196	157	Wendy OLDHAM	F V65	Storm Plymouth	01:29:41	01:29:29		196 11
197	92	Michelle HUGHES	F V55	Storm Plymouth	01:29:41	01:29:30		197 20
198	147	Iona MULLIGAN	F V45	Unattached	01:39:51	01:39:12		198 27
199	168	Janet PRYOR	F V55	Brixham Harriers	01:39:52	01:39:14		199 21
200	247	Mary WYLIE	F V70+	Unattached	01:54:13	01:53:47		200 3