## Sibelco Templer Ten



## More of the same!

Last year the sun came out and it was an absolutely glorious day. Fear not, we've ordered more of the same for this year! This year we've introduced a set of course records. There's a £100 up for grabs if either the men's or ladies' records are beaten. Plus there's £25 for any runner who breaks any of the vet category course records. A list of the records can be found on our Trotters website.

We will be once again staging a 1-mile fun run within the grounds of the school, which is completely traffic free. There are plenty of prizes on offer for the various age categories. If you enter your kids online beforehand, you'll save yourself £1.50, as it will be a £5 if you enter on the day.









**Start times**The main race starts at 11am.



The fun run starts at 10:15am

Stover School postcode;
TQ12 6QG
There is plenty of free onsite parking

Please note that dogs are not allowed in the school grounds

As with all our Trotter races, we have a strict policy of **no headphones**. If you're caught wearing them, we will disqualify you! **Bag store:** Baggage can be left in the Jubilee Hall, which is the main Race HQ.

**Toilets, changing & showers:** There are plenty of toilets throughout the building, as well as separate male and female changing/shower rooms. These will be clearly signed.

Food (cash please): The Trotters are renowned for their amazing cakes, of which there will be a wide selection to choose from, as well as teas and coffees. We will also have a BBQ, selling hot dogs and burgers. Suffice to say, you won't go hungry!

Race Safety: The route outside the school grounds is mainly on trails with some short sections on local lanes. The course will be clearly marked with arrows and tape, as well as plenty of marshals to ensure you don't take a wrong turn.

There are three drink stations on the course. We will be using recyclable cups. Please do not leave any litter on the course.

Please respect others on the course, remember you don't have priority in public areas. The section around Stover park will be busy, especially if it's a nice day.

Race cut off: If you fail to make the 5-mile cut off point in 65 minutes you will be asked to withdraw from the race. A lift back to the finish will be provided.



**Sponsors:** Our thanks to our main race sponsor, Sibelco and to South Moor Vets, Foxy Golf and Classic Windows.

**10 Mile Prizes:** (Presentations at 13.15)

- 1st 3 Males, 1st 3 Females
- 1st & 2nd MV40,45,50,55,60,65,70
- 1st & 2nd FV40,45,50,55,60,65
- Trophy for the oldest finisher
- 1st Male team (4 to count)
- 1st Female team (4 to count)

Fun Run Prizes: (Presentations at 11.10)

- 1st & 2nd M/F U6
- 1st & 2nd M/F U9
- 1st & 2nd M/F U12
- 1st & 2nd M/F U15

**Photos:** We will have a team of photographers on the course, capturing those smiles and grimaces! Photos will be available to download free of charge from our Trotters Facebook Race Page shortly after the race.

## Final word from Roger Hayes (the RD)

With two weeks to go we're ahead of last years entry total at the same time. Thank you for your fantastic support. If you can help spread the word we might just reach our 325 race limit.

This years chosen charity is 'HITS', a local food bank operating in Kingsteignton. We hope to be able to present them with a sizeable donation.

This is our final Trotter race of the year. We go again in June, when we'll be staging our Dartmoor Discovery Ultra Marathon (entries open on November 1st).

