

Ladies 10K - sponsored by Sibelco

Ipplepen Cricket Club: 10 Km
 Sunday 28-Sep-2025 at 10:00
 Organised by: Teignbridge Trotters

Race Results

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Cat Pos
1	103	Lauren KNOX	F Senior	Storm Plymouth	00:39:05	00:39:01		1	1
2	134	Chloe OLFORD	F Senior	Teignbridge Trotters	00:41:13	00:41:13		2	2
3	121	Charlene MATTHEWS	F V35	Storm Plymouth	00:41:35	00:41:32		3	1
4	204	Chloe WEEKS	F Senior	Teignbridge Trotters	00:42:54	00:42:50		4	3
5	154	Freya TOMLINSON	F Senior	Dawlish Coasters	00:45:35	00:45:20		5	4
6	155	Jenny REAY	F V65	Exmouth Harriers Aac	00:46:42	00:46:42		6	1
7	29	Felicity CAME	F V40	Yeovil Town Rrc	00:46:42	00:46:36		7	1
8	131	Clara MURPHY	F Senior		00:47:23	00:47:17		8	5
9	13	Marilyn BLAIR	F V65	Torrington Aac	00:47:31	00:47:27		9	2
10	44	Rhian DAVIES	F Senior	Lewes Ac	00:47:37	00:47:01		10	6
11	51	Tracy ELPHICK	F V50	Teignbridge Trotters	00:47:50	00:47:46		11	1
12	217	Claire McKENNA	F V40	Teignbridge Trotters	00:47:50	00:47:46		12	2
13	170	Mel SHEEHAN	F V35	Teignbridge Trotters	00:48:03	00:47:26		13	2
14	125	Ann GRACE	F V45	Yeovil Town Rrc	00:48:04	00:47:59		14	1
15	14	Anthea BOARD	F V60	Haldon Trail Runners	00:48:46	00:48:11		15	1
16	119	Sarah MARKWICK	F V45		00:49:00	00:48:56		16	2
17	53	Lucy EVANS	F V50	Teignbridge Trotters	00:49:33	00:49:29		17	2
18	58	Kate FOLEY	F V45	South Devon Ac	00:49:35	00:49:21		18	3
19	178	Emma START	F V50	Bovey Valley Runners	00:50:16	00:49:47		19	3
20	132	Alice NICHOLLS	F Senior	Exmouth Harriers Aac	00:50:22	00:50:17		20	7
21	12	Kathryn BISHOP	F V35	Exmouth Harriers Aac	00:50:36	00:50:32		21	3
22	100	Sarah KEMP	F V40		00:50:49	00:50:45		22	3
23	140	Ann PEARCE	F V50	Torrington Aac	00:51:24	00:51:11		23	4
24	52	Alison ENGLEDEW	F V65	Erme Valley Harriers	00:51:39	00:51:31		24	3
25	199	Francesca WALKER	F Senior	Erme Valley Harriers	00:51:47	00:51:39		25	8
26	124	Andrea MITCHELL	F V55	Erme Valley Harriers	00:51:59	00:51:52		26	1
27	84	Kate HEATON	F V35	Teignbridge Trotters	00:52:23	00:51:59		27	4
28	23	Catherine BROWN	F V50	Storm Plymouth	00:52:34	00:51:58		28	5
29	32	Patricia CHAVEZ TORRES	F V45	Thamesmead Running Club	00:52:41	00:52:25		29	4
30	147	Maryann PRISK	F V40		00:52:46	00:52:42		30	4
31	158	Emma RICHARDS	F V55	Torrington Aac	00:52:48	00:52:34		31	2
32	137	Julie PAYNE	F V60		00:53:06	00:52:51		32	2
33	21	Corinne BRIGHT	F V50	Teignbridge Trotters	00:53:36	00:53:26		33	6
34	157	Paula REVILL	F V50		00:53:39	00:53:14		34	7
35	94	Sinead JEFFERIES	F V45	Bovey Valley Runners	00:53:54	00:53:26		35	5

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender Pos	Cat Pos
36	24	Hannah BROWN	F V40	Women On The Run	00:53:57	00:53:16	36	5
37	144	Molly PIMM	F Senior		00:54:03	00:53:20	37	9
38	180	Gemma STIRLING	F V40		00:54:06	00:53:25	38	6
39	152	Shelley RATTLIDGE	F V45	Teignbridge Trotters	00:54:24	00:54:18	39	6
40	113	Rachael LOGSDON	F V50	Yeovil Town Rrc	00:54:32	00:54:01	40	8
41	174	Emma SMITH	F Senior	Haldon Trail Runners	00:54:49	00:54:11	41	10
42	146	Jasmine POWELL	F Senior		00:54:58	00:54:16	42	11
43	223	Claire GILLARD	F V60	Teignbridge Trotters	00:54:59	00:54:51	43	3
44	179	Jessica STEVENS	F V35		00:55:19	00:54:43	44	5
45	191	Louise DAVIS	F V45	Bovey Valley Runners	00:55:23	00:54:50	45	7
46	96	Sarah JOHNSON	F V40		00:55:43	00:55:29	46	7
47	5	Sophie BALLARD	F Junior		00:55:51	00:55:37	47	1
48	202	Rhiannon WAUGH-BAKER	F Senior	Teignbridge Trotters	00:56:21	00:56:13	48	12
49	210	Libby WOODHATCH	F V50		00:56:25	00:55:49	49	9
50	201	Izzy WARREN	F V50		00:56:49	00:56:31	50	10
51	34	Caroline CLARK	F V55	Teignbridge Trotters	00:56:52	00:56:39	51	3
52	211	Sophie WOODHATCH	F Junior		00:57:00	00:56:24	52	2
53	75	Carly HALES	F V35	Teignbridge Trotters	00:57:29	00:57:12	53	6
54	187	Sophie THOMSON	F Senior	Teignbridge Trotters	00:57:50	00:57:45	54	13
55	206	Clare WHITE	F V40	Storm Plymouth	00:58:02	00:57:13	55	8
56	16	Kirsty BOWMAN	F Senior		00:58:11	00:58:06	56	14
57	208	Jenny WILLIAMS	F V55	Bovey Valley Runners	00:58:16	00:57:50	57	4
58	83	Clare HEAD	F V50		00:58:18	00:57:58	58	11
59	141	Alana PEARSON	F V45	Storm Plymouth	00:58:19	00:57:31	59	8
60	60	Shaz SHARPLES	F V60	Teignbridge Trotters	00:58:25	00:58:19	60	4
61	81	Deb HART	F V65	Teignbridge Trotters	00:58:27	00:58:18	61	4
62	142	Amanda PERRY	F V60		00:58:29	00:58:03	62	5
63	213	Kelly RAINBOW	F V35		00:58:33	00:58:26	63	7
64	116	Phoebe MACBRIDE	F V45	Dawlish Coasters	00:59:13	00:58:46	64	9
65	46	Anna DOBKOWSK	F V45		00:59:26	00:59:19	65	10
66	145	Cherry POWELL	F V60	South Devon Ac	00:59:35	00:59:15	66	6
67	143	Gemma PETCH	F V40	Dawlish Coasters	00:59:43	00:59:25	67	9
68	108	Sue TREMLETT	F V60	Teignbridge Trotters	00:59:44	00:59:12	68	7
69	138	Lucy PAYNE	F V70+	Teignbridge Trotters	00:59:53	00:59:40	69	1
70	212	Katrina ZAPLE	F V55		01:00:04	00:59:17	70	5
71	114	Joanna LONGHURST	F V35		01:00:11	00:59:54	71	8
72	42	Amy DAVEY	F V40	Teignbridge Trotters	01:00:33	01:00:09	72	10
73	171	Sally SHOOLBRAID	F V60	Bovey Valley Runners	01:00:37	00:59:58	73	8
74	86	Cheryl HILLS	F V55	Dawlish Coasters	01:00:56	01:00:24	74	6
75	87	Linda HOE	F V70+	Exmouth Harriers Aac	01:01:04	01:01:01	75	2
76	136	Yvonne PATRICK	F V65	South Devon Ac	01:01:12	01:00:53	76	5
77	189	Donna TIMMIS	F V45		01:01:20	01:00:42	77	11

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Pos
78	109	Emma LEBALLEUR	F V35		01:01:28	01:00:40		78	9
79	168	Julia FUELL	F V45		01:01:29	01:00:41		79	12
80	198	Harriett WAKLEY	F V35		01:01:38	01:01:25		80	10
81	205	Alison WHITE	F V70+	Exmouth Harriers Aac	01:01:39	01:01:39		81	3
82	92	Maddie HOWARTH	F Senior		01:01:42	01:01:20		82	15
83	196	Sarah VIZOR	F V50	Dawlish Coasters	01:01:59	01:01:32		83	12
84	139	Lucy PEACOCK	F V35	Teignbridge Trotters	01:02:05	01:01:42		84	11
85	166	Anna WILSON	F V40		01:02:08	01:01:34		85	11
86	159	Megan RICHARDS	F V50		01:02:12	01:01:16		86	13
87	226	Joanna GRIFFIN	F V55	Teignbridge Trotters	01:02:24	01:01:54		87	7
88	129	June MOULE	F V60	Yeovil Town Rrc	01:02:31	01:01:59		88	9
89	173	Rebecca SMALLSHAW	F Senior	Teignbridge Trotters	01:02:46	01:02:24		89	16
90	169	Laura SHEARS	F Senior		01:02:52	01:02:43		90	17
91	31	Barbara CHARLES	F V55	Women On The Run	01:03:25	01:02:53		91	8
92	10	Jayne BIRBECK	F V60	Teignbridge Trotters	01:03:25	01:03:15		92	10
93	93	Sonja HUGHES	F V40		01:03:31	01:03:16		93	12
94	99	Ruby JURCZYK	F V35	Teignbridge Trotters	01:03:34	01:03:24		94	12
95	110	Char LEE	F Senior	Teignbridge Trotters	01:03:35	01:03:09		95	18
96	36	Sue COLBOURNE	F V65		01:03:37	01:03:11		96	6
97	207	Charlie WHITEFOOT	F Senior	Bovey Valley Runners	01:03:42	01:03:16		97	19
98	45	Linda DIGGINES	F V65		01:03:44	01:02:53		98	7
99	127	Kim MORGAN	F V40		01:03:44	01:03:30		99	13
100	57	Evalyn FLANAGAN	F V70+		01:04:08	01:03:59		100	4
101	115	Philippa LOWER	F V60	Teignbridge Trotters	01:04:13	01:04:02		101	11
102	153	Julie RAVENSCROFT	F V50		01:04:15	01:03:29		102	14
103	160	Jennifer ROBERTS	F V40	Storm Plymouth	01:04:31	01:03:35		103	14
104	91	Jodie HOPPER	F Senior		01:04:33	01:03:53		104	20
105	28	Briony CALDERWOOD	F Senior		01:04:34	01:03:54		105	21
106	26	Harriett BUCHANAN	F V35		01:04:34	01:03:55		106	13
107	197	Charleine WAIN	F V40	Storm Plymouth	01:04:58	01:04:18		107	15
108	33	Helen CHILDS	F V50	Storm Plymouth	01:04:58	01:04:18		108	15
109	123	Amy MIFSUD	F V40		01:05:03	01:04:03		109	16
110	107	Faye LAW	F V45	Lonely Goat Rc	01:05:03	01:04:03		110	13
111	102	Mellony KIRBY	F V45	Bovey Valley Runners	01:05:36	01:04:56		111	14
112	225	Ali CLAYTON	F V50	Teignbridge Trotters	01:05:48	01:05:37		112	16
113	186	Georgina THOMPSON	F V55	Storm Plymouth	01:05:55	01:05:14		113	9
114	120	Kelly Ann MARTINEZ	F V45	Storm Plymouth	01:06:07	01:05:25		114	15
115	2	Jessica AINS COUGH	F Senior		01:06:50	01:06:06		115	22
116	30	Kathy CARROLL	F V65	Bovey Valley Runners	01:06:50	01:06:05		116	8
117	184	Nicky SWANN	F V50	Teignbridge Trotters	01:07:37	01:07:21		117	17
118	25	Sophie BROWN	F Senior	Teignbridge Trotters	01:07:38	01:07:27		118	23
119	66	Marcia GILBERT	F V55		01:07:44	01:07:27		119	10

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120	69	Jenny GRAY	F V40		01:07:53	01:07:36		120	17
121	130	Gemma MURLEY	F V40	Yeovil Town Rrc	01:08:08	01:07:25		121	18
122	185	Tracey TAYLOR	F V50	Teignbridge Trotters	01:08:28	01:08:11		122	18
123	203	Rebecca WEARE	F V45		01:08:30	01:07:53		123	16
124	161	Sarah ROSS	F V60	Launceston Road Runners	01:08:45	01:07:59		124	12
125	195	Deborah VINNICOMBE	F V65		01:08:56	01:08:29		125	9
126	88	Jill HOGG	F V60		01:09:04	01:08:40		126	13
127	165	Joanne SAINT	F V40	Storm Plymouth	01:09:10	01:08:19		127	19
128	49	Jane DOWRICK	F V60	Storm Plymouth	01:09:10	01:08:24		128	14
129	182	Freya SULLIVAN	F Junior		01:09:24	01:08:55		129	3
130	183	Larissa SULLIVAN	F V45	Bovey Valley Runners	01:09:25	01:08:57		130	17
131	3	Imogen ANDERSON	F V35		01:09:28	01:08:58		131	14
132	62	Anita GARRETT	F V50	Yeovil Town Rrc	01:10:27	01:09:33		132	19
133	194	Chloe VICKERSTAFF	F V50		01:10:36	01:10:16		133	20
134	193	Anne VICKERSTAFF	F V45		01:10:36	01:10:17		134	18
135	78	Dominique HARCOURT	F V45	Teignbridge Trotters	01:10:40	01:10:15		135	19
136	61	Suzanne GANNEY	F V45		01:10:43	01:10:20		136	20
137	188	Sue THORNE	F V60	Women On The Run	01:11:31	01:10:58		137	15
138	181	Paula STOKES	F V50		01:11:39	01:10:44		138	21
139	43	Hannah DAVIES	F V45		01:11:47	01:10:55		139	21
140	176	Jane SOUTHERN	F V65	Storm Plymouth	01:12:04	01:11:10		140	10
141	209	Kathleen WILLIAMS	F V50	Storm Plymouth	01:12:05	01:11:12		141	22
142	151	Chloe RAMSEY	F Senior	Storm Plymouth	01:12:21	01:11:29		142	24
143	1	Becky ABBOTT	F V35	Fit 2 Run	01:12:59	01:12:50		143	15
144	72	Naomi GREENWOOD	F V35		01:12:59	01:12:51		144	16
145	38	Helen CORY	F V55		01:13:02	01:12:07		145	11
146	37	Heather CORY	F Senior		01:13:14	01:12:18		146	25
147	56	Sarah FAWDEN	F V35	Teignbridge Trotters	01:13:20	01:13:06		147	17
148	54	Emma FARLEIGH	F V50	Dawlish Coasters	01:13:29	01:12:38		148	23
149	15	Clare BOUTLE	F V55	Barnet & District Ac	01:13:55	01:13:20		149	12
150	11	Jill BISHOP	F V65	Bovey Valley Runners	01:14:17	01:13:24		150	11
151	6	Jenn BANCE	F V40		01:14:50	01:14:26		151	20
152	35	Jo COISH	F V50	Torbay Tri Club	01:15:08	01:14:16		152	24
153	167	Kirsten SELF	F V60	Bovey Valley Runners	01:15:17	01:14:48		153	16
154	224	Julie WEBB	F V65	Teignbridge Trotters	01:15:30	01:14:59		154	12
155	63	Liz GEORGE	F V70+	Bovey Valley Runners	01:16:01	01:15:02		155	5
156	48	Rachel DONALD	F V40	Bovey Valley Runners	01:16:04	01:15:02		156	21
157	71	Christine GREENGROW	F V55	Yeovil Town Rrc	01:16:20	01:15:23		157	13
158	79	Sharon HARDY	F V55	Yeovil Town Rrc	01:16:21	01:15:23		158	14
159	118	Sue MALLINSON	F V55	Yeovil Town Rrc	01:16:57	01:16:22		159	15
160	177	Julie SPENCER	F V60	Storm Plymouth	01:16:57	01:16:11		160	17
161	64	Cheryl GIBSON	F V70+		01:18:47	01:18:16		161	6

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162	41	Eleanor DAMON	F V45	Yeovil Town Rrc	01:19:04	01:18:22	162	22
163	126	Margarita MOORE	F Senior	Yeovil Town Rrc	01:19:38	01:19:01	163	26
164	47	Melita DODGE	F V70+	Yeovil Town Rrc	01:19:41	01:19:07	164	7
165	90	Teresa HOLMES	F V65	Teignbridge Trotters	01:20:13	01:19:28	165	13
166	39	Jane COURTIER	F V55		01:20:23	01:20:04	166	16
167	17	Yvonne BOWMAN	F V55		01:21:26	01:21:04	167	17
168	76	Victoria HALES	F V65	Teignbridge Trotters	01:21:56	01:21:38	168	14
169	98	Michelle JONES	F V55	Storm Plymouth	01:22:48	01:21:50	169	18
170	4	Sabrina BAILY	F V65		01:23:10	01:22:38	170	15
171	175	Susan SNOWDON	F V55		01:24:04	01:23:43	171	19
172	40	Sophie COURTIER	F Senior		01:24:06	01:23:42	172	27
173	164	Tania RUNCIMAN	F V65		01:24:59	01:24:35	173	16
174	105	Tracey LANE	F V55	Teignbridge Trotters	01:25:04	01:24:43	174	20
175	163	Sue ROWSELL	F V55		01:25:49	01:25:20	175	21
176	104	Becki LANE	F V50	Storm Plymouth	01:27:15	01:26:14	176	25
177	95	Lynn JOHNS	F V50	Storm Plymouth	01:27:15	01:26:16	177	26
178	19	Shirley BRADLEY	F V60	Women On The Run	01:28:29	01:27:59	178	18
179	73	Bee GRUNOW	F V45	Storm Plymouth	01:29:56	01:28:56	179	23

DNF								
77	Carol HANSEN	F V60	Erme Valley Harriers					