

Totnes 10k 2026 - 2 August 2026 11:00:00 - 10 km



Individual Results

Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
Totnes 10k 2026										
1.	387	Tom MERSON	M	1.	MV40	1.	Exmouth Harriers	38:39	38:40	6:13
2.	28	James BAKER	M	2.	MV45	1.	Chichester Runners & AC	39:00	39:01	6:16
3.	420	Oliver OLDFIELD	M	3.	MSen	1.	Tamar Trotters	40:29	40:32	6:31
4.	440	Arthur PEEL	M	4.	MSen	2.	Belgrave Harriers	40:35	40:36	6:31
5.	257	Ronnie HAYNES	M	5.	MV40	2.	Erme Valley Harriers	40:36	40:37	6:32
6.	474	Max RICHARDSON	M	6.	MSen	3.	Axe Valley Runners	41:48	41:51	6:43
7.	92	James CARTLIDGE	M	7.	MSen	4.	Plymouth Harriers	41:53	41:54	6:44
8.	83	Daniel BURSTON	M	8.	MV40	3.	Torbay Tri Club	42:26	42:28	6:50
9.	150	Alex DUFF	M	9.	MSen	5.	Teignbridge Trotters	42:37	42:38	6:51
10.	243	Alex HALL	M	10.	MSen	6.	Basingstoke & Mid Hants AC	43:23	43:24	6:59
11.	364	Paul MARSON	M	11.	MV40	4.	TRX Wolves AC	43:31	43:32	7:00
12.	116	David COULSON	M	12.	MV55	1.		43:37	43:38	7:01
13.	156	Roger EASTERBROOK	M	13.	MV50	1.	Teignbridge Trotters	43:55	43:58	7:04
14.	121	Tim CROSS	M	14.	MSen	7.		44:00	44:04	7:05
15.	251	Tom HANSEN	M	15.	MSen	8.	Winchester Running Club	44:09	44:13	7:06
16.	444	Christopher PENWELL	M	16.	MSen	9.		44:12	44:15	7:07
17.	185	Mark FERGUSON	M	17.	MV55	2.	Datchet Dashers	44:19	44:22	7:08
18.	291	Scott JAMIESON	M	18.	MV45	2.	Exmouth Harriers	44:27	44:28	7:09
19.	172	Rebecca EZRA-HAM	F	1.	FSen	1.	Tamar Trotters	44:29	44:30	7:09
20.	29	Andrew BALFOUR	M	19.	MSen	10.		44:43	44:46	7:12
21.	273	George HOLMYARD	M	20.	MSen	11.		45:35	45:39	7:20
22.	375	Richard MAUNDER	M	21.	MV45	3.		45:58	46:01	7:24
23.	187	Tara FERGUSON	F	2.	FU18	1.	Windsor Slough Eton & Hounslow AC	46:07	46:08	7:25
24.	313	Liam KEELER	M	22.	MSen	12.	Exmouth Harriers	46:13	46:22	7:27
25.	324	Lauren KNOX	F	3.	FSen	2.	Storm Plymouth	46:25	46:28	7:28
26.	79	Peter BURBRIDGE	M	23.	MV45	4.		46:25	46:29	7:28
27.	548	Lydia STIMSON	F	4.	FSen	3.	Exmouth Harriers	46:24	46:32	7:29
28.	289	Tom JACOBS	M	24.	MSen	13.	Dawlish Coasters	46:29	46:34	7:29
29.	288	Chris JACOBS	M	25.	MV40	5.		47:01	47:06	7:34
30.	582	Andrew VULLIAMY	M	26.	MV40	6.		47:07	47:11	7:35
31.	171	Lee MORAN	M	27.	MV45	5.	Axe Valley Runners	47:18	47:22	7:37
32.	112	Richard COOPER	M	28.	MV40	7.		47:23	47:28	7:38
33.	159	Elliott EGAN	M	29.	MSen	14.		47:40	47:46	7:41
34.	281	Max HUBBARD	M	30.	MV40	8.		48:14	48:18	7:46
35.	377	Simon MCCLELLAN	M	31.	MV55	3.	Axe Valley Runners	48:29	48:35	7:48
36.	404	Catherine NEWMAN	F	5.	FV60	1.	Exmouth Harriers	48:32	48:38	7:49
37.	264	Matthew HENNEY	M	32.	MV55	4.	Torbay Tri Club	48:50	48:54	7:52
38.	94	Matthew CATES	M	33.	MV40	9.		49:08	49:12	7:54
39.	349	Kevin LOFTS	M	34.	MV55	5.	Torbay AAC	49:11	49:15	7:55
40.	530	Will SMITH	M	35.	MSen	15.		49:18	49:21	7:56
41.	201	Matthew FRIEND	M	36.	MSen	16.	Eastleigh RC	49:17	49:21	7:56
42.	608	Mikey GILDEN	M	37.	MV45	6.		49:30	49:32	7:58
43.	198	Martin FRENCH	M	38.	MV50	2.	South West Veterans AC	49:35	49:39	7:59
44.	459	Helen PRYDE	F	6.	FSen	4.		49:35	49:39	7:59
45.	315	Charles KENNERLEY	M	39.	MV45	7.	Axe Valley Runners	49:41	49:47	8:00
46.	373	Richard MATTHEWS	M	40.	MV50	3.	Axe Valley Runners	49:49	49:53	8:01
47.	189	Kevin FINE	M	41.	MSen	17.	Torbay AAC	49:56	50:00	8:02
48.	543	Sam STEELE	M	42.	MSen	18.		50:11	50:11	8:04
49.	342	Chris LEWIS	M	43.	MV45	8.		50:40	50:40	8:09
50.	106	Daniel CLEWLEY	M	44.	MV40	10.		50:51	50:51	8:10
51.	152	Jamie DUFFIELD	M	45.	MSen	19.	South Devon AC	50:59	51:04	8:13
52.	469	Martin REEVE	M	46.	MV40	11.		51:03	51:10	8:14
53.	107	Philip CLOWES	M	47.	MV50	4.		51:23	51:29	8:17

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
54.	268	Robert LEEKE	M	48.	MV55	6.	Torbay Tri Club	51:42	51:43	8:19
55.	614	Stuart WITTY	M	49.	MV55	7.	Erme Valley Harriers	51:41	51:46	8:19
56.	532	David SNOOK	M	50.	MV40	12.	Exmouth Harriers	51:53	51:53	8:20
57.	16	Jack ARUNDEL	M	51.	MSen	20.	Storm Plymouth	51:57	52:01	8:22
58.	164	David ENGLEDEW	M	52.	MV65	1.	Erme Valley Harriers	52:17	52:17	8:24
59.	267	Jonathan HISCOKE	M	53.	MSen	21.	Torbay Tri Club	52:18	52:18	8:24
60.	109	Steven T COLES	M	54.	MV50	5.		52:11	52:19	8:25
61.	458	Clare PROSSER	F	7.	FV50	1.		52:18	52:30	8:26
62.	222	Katie Kitty GORMLEY	F	8.	FV40	1.	Weston Athletic Club	52:28	52:34	8:27
63.	235	Matthew GRZENDA	M	55.	MV45	9.	Plymouth Musketeers Running Club	52:33	52:39	8:28
64.	50	Lucia COFFEY	F	9.	FV40	2.		52:37	52:44	8:29
65.	606	Amy WILLIAMS	F	10.	FSen	5.		52:42	52:57	8:31
66.	82	Daniel BURSTON	M	56.	MV40	13.		52:55	52:59	8:31
67.	12	Tristan ANDREWS	M	57.	MV45	10.	Riviera Racers	53:07	53:14	8:33
68.	108	Justyn COATES	M	58.	MSen	22.	Exmouth Harriers	53:22	53:30	8:36
69.	49	Andrew BESLEY	M	59.	MV45	11.	South West Road Runners	53:36	53:42	8:38
70.	166	Iona EVANS	F	11.	FSen	6.	Haldon Trail Runners	53:41	53:48	8:39
71.	196	Robert FOSTER	M	60.	MV40	14.	South Devon AC	53:54	53:58	8:41
72.	18	Mollie ASHWORTH	F	12.	FSen	7.		53:57	54:07	8:42
73.	19	Richard ASHWORTH	M	61.	MSen	23.		53:57	54:07	8:42
74.	57	Kerry BOARD	F	13.	FV50	2.	Axe Valley Runners	54:03	54:08	8:42
75.	72	Alex BROTHERTON	M	62.	MV40	15.	Riviera Racers	54:13	54:21	8:44
76.	380	Jim MCGINLEY	M	63.	MV60	1.		54:20	54:22	8:44
77.	599	Rosie HELLINOS	F	14.	FSen	8.		54:13	54:23	8:45
78.	299	Oliver JOHNSON	M	64.	MSen	24.		54:24	54:28	8:45
79.	219	Aiza GOLLEDGE	F	15.	FV40	3.		54:32	54:32	8:46
80.	215	Simon CONGDON	M	65.	MV45	12.		54:36	54:37	8:47
81.	96	Andrew CHAPELL	M	66.	MV60	2.	Erme Valley Harriers	54:34	54:40	8:47
82.	435	Kamal PATEL	M	67.	MSen	25.		54:33	54:46	8:48
83.	182	Joel FELLOWS	M	68.	MSen	26.		54:41	54:55	8:50
84.	590	Steven WATERS	M	69.	MSen	27.	Torbay Tri Club	54:47	55:00	8:50
85.	569	Samuel UPTON	M	70.	MSen	28.		54:51	55:02	8:51
86.	103	Lochlan CHOULES	M	71.	MSen	29.		54:59	55:12	8:52
87.	398	Sean MORRIS	M	72.	MSen	30.	Dawlish Coasters	55:08	55:14	8:53
88.	476	Joseph RIOU	M	73.	MSen	31.		54:49	55:15	8:53
89.	118	Carla COX	F	16.	FSen	9.		54:49	55:16	8:53
90.	383	Mac MCNAGHTEN	M	74.	MV60	3.	Exmouth Harriers	55:19	55:24	8:54
91.	441	Emma PEEL	F	17.	FSen	10.		55:42	55:53	8:59
92.	400	Joseph MURPHY	M	75.	MV55	8.	Storm Plymouth	55:56	56:03	9:01
93.	363	Sarah MARKWICK	F	18.	FV45	1.		56:01	56:07	9:01
94.	510	Hazel SHEARS	F	19.	FV40	4.	Langport Runners	56:09	56:16	9:03
95.	17	James ASHFORTH	M	76.	MSen	32.	Axe Valley Runners	56:15	56:21	9:04
96.	433	Thomas PARSONS	M	77.	MSen	33.	Axe Valley Runners	56:16	56:21	9:04
97.	518	Jamie SIMS	M	78.	MV40	16.		56:22	56:30	9:05
98.	319	Kris KING	M	79.	MV55	9.	Haldon Trail Runners	56:35	56:40	9:07
99.	35	Adrian BARTON	M	80.	MV60	4.	Exmouth Harriers	56:39	56:46	9:08
100.	397	Stephen MORGAN	M	81.	MV65	2.	Exmouth Harriers	56:46	56:52	9:09
101.	56	Anthea BOARD	F	20.	FV60	2.	Haldon Trail Runners	56:49	56:57	9:09
102.	600	Michael WHITE	M	82.	MV45	13.		56:56	57:07	9:11
103.	323	Lee KNOWLES	M	83.	MV50	6.	Riviera Racers	57:00	57:10	9:11
104.	466	Sophie GILVEAR	F	21.	FSen	11.	Erme Valley Harriers	57:08	57:12	9:12
105.	55	Kathryn BISHOP	F	22.	FSen	12.	Exmouth Harriers	57:04	57:13	9:12
106.	538	Gareth SPUHLER	M	84.	MV50	7.		57:13	57:21	9:13
107.	292	Fred JENKINS	M	85.	MV65	3.	Instinctive Sports	57:20	57:28	9:14
108.	254	Russell HART	M	86.	MV45	14.	Torbay AAC	57:26	57:30	9:15
109.	465	Anthony RAINE	M	87.	MV55	10.	Torbay AAC	57:25	57:33	9:15
110.	570	Nick VALENTINE	M	88.	MSen	34.		57:20	57:33	9:15

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Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
111.	584	Christian WALKER	M	89.	MSen	35.		57:28	57:35	9:15
112.	515	Thomasshort SHORT	M	90.	MSen	36.		57:33	57:37	9:16
113.	97	Helen CHAPELL	F	23.	FV55	1.	Erme Valley Harriers	57:41	57:46	9:17
114.	596	Andrew WEST	M	91.	MV65	4.	Axe Valley Runners	57:46	57:54	9:19
115.	537	Mark SPRAGGS	M	92.	MV50	8.	Axe Valley Runners	57:51	58:00	9:19
116.	269	Tom HODGSON	M	93.	MV45	15.		58:01	58:05	9:20
117.	44	Charlotte BEASLEY	F	24.	FSen	13.	Haldon Trail Runners	57:59	58:06	9:20
118.	424	Oliver ORME-LYNCH	M	94.	MV45	16.		58:11	58:23	9:23
119.	322	Ian KINNERSLEY	M	95.	MV65	5.	Axe Valley Runners	58:14	58:27	9:24
120.	139	Simon DENNY	M	96.	MV55	11.	Exmouth Harriers	58:24	58:30	9:24
121.	464	Nigel RAFFERTY	M	97.	MV55	12.		58:19	58:32	9:25
122.	555	Simon SWIFT	M	98.	MV55	13.	Erme Valley Harriers	58:28	58:34	9:25
123.	505	Ron SEWARD	M	99.	MV70+	1.	Axe Valley Runners	58:27	58:36	9:25
124.	167	Dominic CRAWLEY	M	100.	MSen	37.		58:24	58:37	9:25
125.	162	Tracy ELPHICK	F	25.	FV50	3.	Teignbridge Trotters	58:34	58:39	9:26
126.	402	Malcolm NELSON	M	101.	MV55	14.	Riviera Racers	58:36	58:46	9:27
127.	550	Lydia STONE	F	26.	FV40	5.		58:36	58:48	9:27
128.	278	Elwyn HOWELL	M	102.	MV65	6.	Dawlish Coasters	58:42	58:53	9:28
129.	263	Elizabeth HENDEN	F	27.	FV40	6.	Weston Athletic Club	58:44	58:56	9:29
130.	475	Simon RIDLEY	M	103.	MV60	5.	Brixham Harriers	58:53	59:02	9:29
131.	388	Olivia MILLS	F	28.	FSen	14.	Teignbridge Trotters	58:55	59:04	9:30
132.	389	Andrew MITCHELL	M	104.	MV55	15.	Erme Valley Harriers	59:05	59:11	9:31
133.	149	Rebecca DREW	F	29.	FSen	15.		59:04	59:23	9:33
134.	66	James BRADBURY	M	105.	MSen	38.	Bridport Runners	59:28	59:37	9:35
135.	7	Tom ALDRIDGE	M	106.	MSen	39.	Cranbrook Running Club	59:30	59:42	9:36
136.	244	Matthew HALLGATH	M	107.	MSen	40.	Cranbrook Running Club	59:17	59:42	9:36
137.	60	Michael BORDER	M	108.	MSen	41.	Teignbridge Trotters	59:35	59:44	9:36
138.	113	Aiden COSWAY	M	109.	MSen	42.		59:29	59:46	9:36
139.	332	Daniel LANGTON	M	110.	MV45	17.	St Albans Striders	59:30	59:49	9:37
140.	93	Michelle CARTLIDGE	F	30.	FV40	7.	Plymouth Harriers	59:50	59:56	9:38
141.	256	Rebecca HAYES	F	31.	FSen	16.	Crediton Running Network	59:52	1:00:00	9:39
142.	369	Hollie MATTHEWMAN	F	32.	FSen	17.		59:40	1:00:00	9:39
143.	13	Maria ANTHONY	F	33.	FV55	2.		59:50	1:00:02	9:39
144.	192	Kate FOLEY	F	34.	FV45	2.	South Devon AC	59:49	1:00:04	9:39
145.	535	James SPALDING	M	111.	MV50	9.	South Devon AC	1:00:08	1:00:15	9:41
146.	593	Fiona WEBB	F	35.	FSen	18.	Exmouth Harriers	1:00:17	1:00:25	9:43
147.	286	Rich LOVELOCK	M	112.	MV45	18.		1:00:25	1:00:33	9:44
148.	560	Lisa THOMAS	F	36.	FV40	8.		1:00:36	1:00:41	9:45
149.	367	Mark MASLIN	M	113.	MV45	19.	Torbay Tri Club	1:00:52	1:00:52	9:47
150.	385	Conor MELLAMPHY	M	114.	MSen	43.	Teignbridge Trotters	1:00:47	1:00:56	9:48
151.	572	Hugh VENTON	M	115.	MV40	17.		1:00:57	1:01:06	9:49
152.	41	Peter BAZLEY	M	116.	MV70+	2.	Tavistock AC	1:01:01	1:01:09	9:50
153.	163	Alison ENGLEDEW	F	37.	FV65	1.	Erme Valley Harriers	1:01:06	1:01:11	9:50
154.	544	Tom STEELE	M	117.	MSen	44.		1:01:10	1:01:17	9:51
155.	220	Brad GOOD	M	118.	MSen	45.	Dawlish Coasters	1:01:04	1:01:18	9:51
156.	214	Rory GILBERT	M	119.	MV55	16.		1:01:04	1:01:19	9:51
157.	21	Richard ATKINSON	M	120.	MV55	17.	Plymouth Harriers	1:01:13	1:01:20	9:52
158.	22	Karen ATYEO	F	38.	FV40	9.	Axe Valley Runners	1:01:12	1:01:22	9:52
159.	51	Lucinda BILL	F	39.	FV45	3.	Tamar Trotters	1:01:09	1:01:22	9:52
160.	160	Erin ELLIS	F	40.	FSen	19.	Axe Valley Runners	1:01:17	1:01:23	9:52
161.	450	Amy PIKE	F	41.	FSen	20.	Bovey Valley Runners	1:01:21	1:01:30	9:53
162.	556	Allen TAYLOR	M	121.	MV50	10.	Teignbridge Trotters	1:01:23	1:01:33	9:54
163.	295	Andrew JOBBINS	M	122.	MSen	46.		1:01:03	1:01:42	9:55
164.	451	Molly PIMM	F	42.	FSen	21.	Torbay Tri Club	1:01:47	1:01:55	9:57
165.	559	Ian THEEDOM	M	123.	MV40	18.		1:01:35	1:02:01	9:58
166.	360	Holly MANIGAN	F	43.	FV40	10.	Haldon Trail Runners	1:02:04	1:02:11	10:00
167.	104	Aleksandr CIRKIN	M	124.	MV40	19.		1:02:11	1:02:19	10:01

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Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
168.	517	David SIDDALL	M	125.	MV60	6.		1:02:09	1:02:20	10:01
169.	359	James MALE	M	126.	MSen	47.	Axe Valley Runners	1:02:08	1:02:20	10:01
170.	10	Paul ANDERSON	M	127.	MV65	7.		1:02:13	1:02:25	10:02
171.	501	Raymond SEAGER	M	128.	MV45	20.		1:02:21	1:02:29	10:03
172.	467	Anthony REDGEWELL	M	129.	MV40	20.		1:02:19	1:02:30	10:03
173.	552	Charlie STRIPP	M	130.	MV60	7.		1:02:21	1:02:35	10:04
174.	136	Ben DAWBER	M	131.	MV45	21.		1:02:06	1:02:37	10:04
175.	157	Aidan EDWARDS	M	132.	MSen	48.		1:02:36	1:02:40	10:05
176.	508	Andrew SHANKSTER	M	133.	MV60	8.		1:02:32	1:02:41	10:05
177.	158	Hans EDWARDS	M	134.	MV55	18.		1:02:20	1:02:41	10:05
178.	564	Sophia TOLFREE	F	44.	FV40	11.		1:02:49	1:02:53	10:07
179.	86	Lucy BUTLER	F	45.	FSen	22.	Axe Valley Runners	1:02:51	1:02:56	10:07
180.	133	Richard SITKO	M	135.	MV45	22.		1:02:48	1:03:00	10:08
181.	61	Lynette BOSTON	F	46.	FV55	3.	Exmouth Harriers	1:02:55	1:03:04	10:08
182.	316	Jon KEOGH	M	136.	MV40	21.		1:02:49	1:03:07	10:09
183.	306	Louise JONES	F	47.	FV45	4.		1:02:51	1:03:11	10:09
184.	566	Paul TOZER	M	137.	MV65	8.		1:03:01	1:03:14	10:10
185.	553	Alice STUCKEY	F	48.	FSen	23.	Haldon Trail Runners	1:03:16	1:03:24	10:12
186.	457	Jasmine POWELL	F	49.	FSen	24.		1:03:23	1:03:30	10:13
187.	89	Sammy CARPENTER	M	138.	MSen	49.		1:03:14	1:03:33	10:13
188.	80	Tim BURGESS	M	139.	MV55	19.		1:03:27	1:03:37	10:14
189.	298	Bevan JOHNSON	M	140.	MV50	11.		1:03:30	1:03:39	10:14
190.	496	Shane SANSOM	M	141.	MSen	50.		1:03:38	1:03:47	10:15
191.	245	Dale HAMILTON	M	142.	MV40	22.	Riviera Racers	1:03:42	1:03:52	10:16
192.	579	Craig VINCENT	M	143.	MSen	51.		1:03:47	1:04:03	10:18
193.	426	John OUTHWAITE	M	144.	MV70+	3.		1:03:51	1:04:04	10:18
194.	249	Matt HANNAM	M	145.	MSen	52.		1:03:48	1:04:04	10:18
195.	331	Vince LANGDON	M	146.	MV55	20.	South Devon AC	1:04:02	1:04:09	10:19
196.	203	David FRISKIN	M	147.	MSen	53.	Maverick Runners	1:03:51	1:04:09	10:19
197.	232	Louis GRINSTED	M	148.	MSen	54.		1:04:03	1:04:11	10:19
198.	23	Carol AUSTIN	F	50.	FV60	3.	Axe Valley Runners	1:04:08	1:04:17	10:20
199.	461	Sophie PUTT	F	51.	FV45	5.		1:04:15	1:04:26	10:22
200.	406	Liz NOAKES	F	52.	FV65	2.		1:04:12	1:04:28	10:22
201.	74	Andy RUSH	M	149.	MSen	55.		1:04:16	1:04:33	10:23
202.	126	Jim DANKS	M	150.	MV65	9.		1:04:23	1:04:36	10:23
203.	124	Bruce DAKA	M	151.	MSen	56.		1:04:27	1:04:36	10:23
204.	25	Simon AYRES	M	152.	MV45	23.		1:04:39	1:04:39	10:24
205.	395	John MOORE	M	153.	MV60	9.		1:04:26	1:04:41	10:24
206.	303	Ben JONES	M	154.	MSen	57.		1:04:26	1:04:41	10:24
207.	394	Isabelle MOORE	F	53.	FSen	25.		1:04:27	1:04:41	10:24
208.	370	Anthony MATTHEWS	M	155.	MV65	10.		1:04:30	1:04:43	10:24
209.	287	Lewis WINKS	M	156.	MV40	23.		1:04:37	1:04:47	10:25
210.	574	Stephanie VENTON-BOWLES	F	54.	FSen	26.		1:04:46	1:04:58	10:27
211.	62	Guy BOSWELL	M	157.	MV60	10.	Plymouth Musketeers Running Club	1:04:48	1:05:02	10:27
212.	195	Jodie FOSTER	F	55.	FV45	6.	Riviera Racers	1:05:00	1:05:08	10:28
213.	602	Daniel EVRY	M	158.	MSen	58.		1:04:46	1:05:08	10:28
214.	340	Anna LEWIS	F	56.	FSen	27.		1:04:58	1:05:10	10:29
215.	70	Victoria BROADHURST	F	57.	FV50	4.		1:05:04	1:05:17	10:30
216.	125	Dan DANIELS	M	159.	MV40	24.		1:05:07	1:05:17	10:30
217.	218	James BEBBINGTON	M	160.	MV40	25.	South Cheshire Harriers	1:04:52	1:05:20	10:30
218.	67	Shaun BRADY	M	161.	MV55	21.	Storm Plymouth	1:04:48	1:05:20	10:30
219.	138	Becky DENLEY	F	58.	FSen	28.		1:05:00	1:05:23	10:31
220.	91	Nicholas CARTER	M	162.	MSen	59.		1:05:13	1:05:29	10:32
221.	407	Mark NOLAN	M	163.	MV55	22.		1:05:28	1:05:34	10:32
222.	282	Ben HUDSON	M	164.	MSen	60.	Dawlish Coasters	1:05:19	1:05:35	10:33
223.	328	Nicola LAING	F	59.	FV50	5.		1:05:15	1:05:37	10:33
224.	227	Joe GRENHAM	M	165.	MV60	11.		1:05:30	1:05:39	10:33

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
225.	5	Jake ADDERLEY	M	166.	MSen	61.		1:05:37	1:05:44	10:34
226.	585	Francesca WALKER	F	60.	FSen	29.	Erme Valley Harriers	1:05:40	1:05:46	10:35
227.	419	Andrew OLDFIELD	M	167.	MV65	11.		1:05:35	1:05:50	10:35
228.	304	Kelvin APLIN	M	168.	MV55	23.		1:05:34	1:05:56	10:36
229.	351	Mark LONERGAN	M	169.	MV55	24.		1:05:37	1:05:59	10:37
230.	622	Bekah YELLAND	F	61.	FSen	30.	Exmouth Harriers	1:05:52	1:06:01	10:37
231.	146	Ben DOYLE	M	170.	MSen	62.		1:05:46	1:06:05	10:37
232.	8	Tanya ALEXANDER	F	62.	FV45	7.	Holbeton Harriers	1:05:55	1:06:06	10:38
233.	558	Jayden TAYLOR	M	171.	MSen	63.	Teignbridge Trotters	1:05:59	1:06:08	10:38
234.	321	Becky KINGDON	F	63.	FV40	12.		1:06:10	1:06:24	10:41
235.	261	Barry HEMMETT	M	172.	MV40	26.	Storm Plymouth	1:05:56	1:06:27	10:41
236.	545	Lucie STEERS	F	64.	FSen	31.		1:05:55	1:06:29	10:41
237.	63	Pete BOWDITCH	M	173.	MSen	64.	South West Road Runners	1:06:05	1:06:31	10:42
238.	536	Shaun SPERINCK	M	174.	MSen	65.	Storm Plymouth	1:06:01	1:06:32	10:42
239.	495	Jenna SANSOM	F	65.	FSen	32.		1:06:27	1:06:36	10:43
240.	412	Matt NORMAN	M	175.	MV60	12.		1:06:30	1:06:37	10:43
241.	448	Sarah PHILLIPS	F	66.	FV40	13.	Storm Plymouth	1:06:08	1:06:38	10:43
242.	489	Jane ROWELL	F	67.	FV55	4.	Riviera Racers	1:06:32	1:06:39	10:43
243.	362	Ian MARKWICK	M	176.	MV55	25.		1:06:24	1:06:40	10:43
244.	603	Mike WHITLEY	M	177.	MV60	13.		1:06:24	1:06:41	10:43
245.	297	Paul JOHNS	M	178.	MV60	14.		1:06:30	1:06:44	10:44
246.	355	Susan LYLE	F	68.	FV65	3.	Brixham Harriers	1:06:34	1:06:46	10:44
247.	302	Alan JONES	M	179.	MV50	12.		1:06:34	1:06:49	10:45
248.	239	Ode HADLAND	M	180.	MSen	66.		1:06:20	1:06:52	10:45
249.	571	Jason VASEY	M	181.	MV50	13.		1:06:37	1:07:01	10:46
250.	343	Leah LEWIS	F	69.	FSen	33.		1:06:50	1:07:02	10:47
251.	615	Stuart WOOD	M	182.	MV40	27.	York Knavesmire Harriers	1:06:49	1:07:04	10:47
252.	312	Greg KEEGAN	M	183.	MV45	24.		1:06:46	1:07:08	10:48
253.	365	Catherine MARTIN	F	70.	FV40	14.	South West Road Runners	1:06:54	1:07:17	10:49
254.	9	Jon ANDERSON	M	184.	MV55	26.		1:07:16	1:07:27	10:51
255.	462	Tamsin QUAYLE	F	71.	FSen	34.	PL7 Pacers	1:07:16	1:07:27	10:51
256.	137	Emily DECHANT CARVAJAL	F	72.	FSen	35.		1:07:04	1:07:28	10:51
257.	99	Danielle CHARLES	F	73.	FSen	36.	PL7 Pacers	1:07:04	1:07:28	10:51
258.	396	Alan MORBEY	M	185.	MV65	12.	Axe Valley Runners	1:07:21	1:07:33	10:52
259.	431	Colin PALMER	M	186.	MV40	28.	Storm Plymouth	1:07:13	1:07:43	10:53
260.	379	Tonya MCGAULEY	F	74.	FSen	37.	Teignbridge Trotters	1:07:39	1:07:50	10:54
261.	430	Tracey PAINTER	F	75.	FV50	6.		1:07:21	1:07:52	10:55
262.	595	Gary WEBSTER	M	187.	MSen	67.		1:07:47	1:08:11	10:58
263.	64	Claire BOYT	F	76.	FV50	7.		1:07:42	1:08:16	10:59
264.	485	Peter ROISSETTER	M	188.	MV55	27.	Okehampton RC	1:08:24	1:08:24	11:00
265.	445	Michelle PENWELL	F	77.	FV40	15.		1:08:15	1:08:26	11:00
266.	71	Ryan BROMHEAD	M	189.	MSen	68.		1:08:04	1:08:28	11:01
267.	186	Sheuli FERGUSON	F	78.	FV50	8.	Datchet Dashers	1:08:18	1:08:28	11:01
268.	47	Grace BENNALICK	F	79.	FSen	38.		1:08:16	1:08:32	11:01
269.	623	Karen YOUNG	F	80.	FSen	39.		1:08:26	1:08:41	11:03
270.	353	Chris LOVEROCK	M	190.	MV40	29.		1:08:42	1:08:42	11:03
271.	85	Steve BUSH	M	191.	MV50	14.	Plymouth Musketeers Running Club	1:08:33	1:08:44	11:03
272.	191	Kevin FLYNN	M	192.	MV40	30.	Storm Plymouth	1:08:26	1:08:50	11:04
273.	563	Simon THOMPSON	M	193.	MV60	15.		1:08:34	1:08:54	11:05
274.	46	Kerry BELL	F	81.	FV60	4.	South Devon AC	1:08:44	1:08:59	11:05
275.	576	Mark VICARY	M	194.	MV40	31.		1:08:38	1:09:07	11:07
276.	432	Cliff PARROTT	M	195.	MV65	13.		1:08:49	1:09:09	11:07
277.	520	Andrew SKIRROW	M	196.	MV40	32.		1:08:56	1:09:17	11:08
278.	119	Terri-Louise COYSH	F	82.	FSen	40.		1:09:02	1:09:33	11:11
279.	179	Robert FAULKNER	M	197.	MV60	16.	Teignbridge Trotters	1:09:21	1:09:33	11:11
280.	271	George HOLMAN	M	198.	MSen	69.	South Devon AC	1:09:18	1:09:38	11:12
281.	205	Anna FRYKFORS VON HEKKEL	F	83.	FSen	41.		1:09:21	1:09:40	11:12

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
282.	591	Thom WATTON	M	199.	MSen	70.		1:09:23	1:09:40	11:12
283.	611	Sam WINGROVE	M	200.	MSen	71.	Teignbridge Trotters	1:09:15	1:09:44	11:13
284.	134	Richard DAVIES	M	201.	MV50	15.		1:09:27	1:09:44	11:13
285.	38	Hannah BATES	F	84.	FSen	42.		1:09:14	1:09:47	11:13
286.	442	Sarah PEEL	F	85.	FV55	5.	Skipton AC	1:09:57	1:10:07	11:17
287.	308	Neil JORDAIN	M	202.	MV45	25.	South Devon AC	1:10:03	1:10:13	11:17
288.	418	Yvonne ODELL	F	86.	FV65	4.	South Devon AC	1:10:18	1:10:29	11:20
289.	436	Sarah PAVIOUR	F	87.	FSen	43.	South Devon AC	1:10:22	1:10:34	11:21
290.	514	Matt SHILLABEER	M	203.	MV50	16.	Spectrum Striders	1:10:33	1:10:39	11:22
291.	513	Emma SHILLABEER	F	88.	FV50	9.	Spectrum Striders	1:10:33	1:10:40	11:22
292.	40	Ilona BAUGHAN	F	89.	FV65	5.	Bovey Valley Runners	1:10:31	1:10:41	11:22
293.	399	George MUMFORD	M	204.	MSen	72.		1:10:22	1:10:44	11:22
294.	300	Sarah JOHNSON	F	90.	FV40	16.	Maverick Runners	1:10:32	1:10:49	11:23
295.	350	Graham LOMAS	M	205.	MV60	17.	Dawlish Coasters	1:10:37	1:10:53	11:24
296.	423	Tom ORCHARD	M	206.	MV60	18.	Fordy Runs Running Club	1:10:29	1:11:00	11:25
297.	565	Denise TOZER	F	91.	FV40	17.		1:11:01	1:11:01	11:25
298.	468	Kelly REEVE	F	92.	FSen	44.		1:10:44	1:11:01	11:25
299.	527	Gemma SMITH	F	93.	FV40	18.		1:10:39	1:11:03	11:25
300.	504	Olwen SEWARD	F	94.	FSen	45.	Axe Valley Runners	1:10:53	1:11:04	11:26
301.	427	Ed OWEN	M	207.	MSen	73.		1:10:57	1:11:09	11:26
302.	617	Sophie WOODHATCH	F	95.	FU18	2.		1:10:50	1:11:09	11:26
303.	534	Chris SOUTHCOTT	M	208.	MV55	28.		1:10:49	1:11:12	11:27
304.	6	Gary ALBON	M	209.	MV60	19.		1:10:54	1:11:19	11:28
305.	378	Charlotte MCCORMACK	F	96.	FSen	46.		1:11:12	1:11:31	11:30
306.	567	Laura TRAVERS	F	97.	FV55	6.		1:11:17	1:11:34	11:30
307.	15	Sophie ARTUS	F	98.	FSen	47.		1:11:21	1:11:41	11:32
308.	437	Lucy PEACOCK	F	99.	FSen	48.	Teignbridge Trotters	1:11:48	1:11:48	11:33
309.	290	Peter JAMES	M	210.	MV50	17.		1:11:12	1:11:49	11:33
310.	260	Alex HEARNDEN	M	211.	MV55	29.	Outdoor Fitness Cardiff	1:11:39	1:11:54	11:34
311.	409	Mark NORGATE	M	212.	MV55	30.	Teignbridge Trotters	1:11:51	1:12:20	11:38
312.	274	Lucy HOLMYARD	F	100.	FSen	49.		1:11:55	1:12:21	11:38
313.	294	Samantha JENNER	F	101.	FV40	19.		1:11:50	1:12:24	11:38
314.	374	Lucy MAUNDER	F	102.	FV45	8.		1:12:14	1:12:28	11:39
315.	128	Amy DAVEY	F	103.	FV40	20.	Teignbridge Trotters	1:12:14	1:12:30	11:39
316.	53	Katie WOOSTER	F	104.	FSen	50.		1:12:03	1:12:30	11:40
317.	75	Jacob BROWN	M	213.	MSen	74.		1:12:19	1:12:33	11:40
318.	76	Joel BROWN	M	214.	MSen	75.		1:12:19	1:12:33	11:40
319.	562	Nathan THOMPSON	M	215.	MSen	76.	Torbay Running Club	1:12:36	1:12:41	11:41
320.	604	Michael WIDGER	M	216.	MV45	26.		1:12:36	1:12:42	11:41
321.	84	Hannah BURSTON	F	105.	FV40	21.		1:12:20	1:12:44	11:42
322.	168	James EVANS-TARR	M	217.	MSen	77.		1:12:17	1:12:45	11:42
323.	105	Andrew FEE	M	218.	MV50	18.		1:12:22	1:12:47	11:42
324.	411	Christopher NORMAN	M	219.	MV40	33.		1:12:41	1:12:49	11:43
325.	4	Gary ADDERLEY	M	220.	MV60	20.		1:12:44	1:12:52	11:43
326.	39	Oliver BATTYE	M	221.	MSen	78.		1:12:32	1:12:59	11:44
327.	229	Kate GRIBBLE	F	106.	FSen	51.	Haldon Trail Runners	1:12:42	1:13:00	11:44
328.	338	Charlie BACK	M	222.	MSen	79.		1:13:01	1:13:01	11:44
329.	181	Kevin FEENEY	M	223.	MV70+	4.	Axe Valley Runners	1:12:47	1:13:04	11:45
330.	484	Elizabeth ROFFEY	F	107.	FV45	9.		1:12:49	1:13:14	11:47
331.	521	Aaron SLADE	M	224.	MSen	80.		1:12:48	1:13:16	11:47
332.	123	Triona CUTLER	F	108.	FSen	52.	Torbay AAC	1:12:59	1:13:19	11:47
333.	401	Lucy NELSON	F	109.	FV60	5.	Riviera Racers	1:13:13	1:13:23	11:48
334.	493	Carly LINNEY	F	110.	FV40	22.	Storm Plymouth	1:12:57	1:13:27	11:49
335.	525	Trystan SMILES	M	225.	MV50	19.		1:13:15	1:13:30	11:49
336.	447	Gemma PETCH	F	111.	FV40	23.	Dawlish Coasters	1:13:34	1:13:34	11:50
337.	26	Wayne BABEY	M	226.	MV45	27.	Teignbridge Trotters	1:13:26	1:13:37	11:50
338.	366	Catherine SMITHERS	F	112.	FV40	24.	Storm Plymouth	1:13:25	1:13:54	11:53

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
339.	194	Vanessa FORD	F	113.	FV45	10.		1:13:48	1:13:59	11:54
340.	242	Carly HALES	F	114.	FSen	53.	Teignbridge Trotters	1:13:47	1:14:03	11:54
341.	59	Liam BOND	M	227.	MSen	81.		1:13:37	1:14:03	11:54
342.	48	Kevin BESFORD	M	228.	MV65	14.	Teignbridge Trotters	1:14:06	1:14:17	11:57
343.	546	Matthew STEPHENS	M	229.	MSen	82.		1:13:59	1:14:21	11:57
344.	117	Heather COVERDALE	F	115.	FV65	6.	South Devon AC	1:14:08	1:14:32	11:59
345.	487	Josh ROWE	M	230.	MSen	83.		1:14:16	1:14:41	12:01
346.	391	Alex MOORE	M	231.	MSen	84.		1:14:30	1:14:44	12:01
347.	620	Hayley WRIGHT	F	116.	FV45	11.		1:14:24	1:14:52	12:02
348.	69	Claire BRATCHER-MCBRYDE	F	117.	FV50	10.		1:14:27	1:14:56	12:03
349.	422	Mandy ORCHARD	F	118.	FV60	6.	Fordy Runs Running Club	1:14:26	1:14:56	12:03
350.	619	Eleanor WRIGHT	F	119.	FSen	54.		1:14:33	1:15:11	12:05
351.	414	Alex NUTTALL	F	120.	FSen	55.		1:14:57	1:15:20	12:07
352.	266	Cheryl HILLS	F	121.	FV55	7.	Dawlish Coasters	1:15:09	1:15:28	12:08
353.	382	Naoko MCKINNON	F	122.	FV65	7.	Torbay Tri Club	1:15:45	1:15:45	12:11
354.	240	Daniel HAGAN	M	232.	MSen	85.		1:15:12	1:15:49	12:11
355.	499	Carys SCALES	F	123.	FSen	56.		1:15:13	1:15:52	12:12
356.	500	Jason SCALES	M	233.	MV55	31.		1:15:13	1:15:53	12:12
357.	65	Linda BRACHER	F	124.	FV55	8.	Erme Valley Harriers	1:15:39	1:15:56	12:13
358.	24	Sam AUSTIN	F	125.	FV60	7.	Running Forever RC	1:15:40	1:16:09	12:15
359.	252	Georgie HARRIS	F	126.	FSen	57.	Teignbridge Trotters	1:15:43	1:16:11	12:15
360.	184	Terri FENWICK	F	127.	FV40	25.		1:15:43	1:16:11	12:15
361.	98	Melanie CHAPLIN	F	128.	FV50	11.	Bovey Valley Runners	1:15:55	1:16:11	12:15
362.	142	Craig DISBURY	M	234.	MSen	86.		1:15:54	1:16:13	12:15
363.	594	Roger WEBB	M	235.	MV70+	5.	South Devon AC	1:16:06	1:16:17	12:16
364.	173	Tim FALLA	M	236.	MV65	15.		1:16:02	1:16:24	12:17
365.	42	Jason BEAL	M	237.	MV55	32.		1:16:08	1:16:25	12:17
366.	132	Davies CHAPMAN	M	238.	MV55	33.		1:16:09	1:16:31	12:18
367.	416	Sameera OAKLEY	F	129.	FSen	58.		1:16:26	1:16:35	12:19
368.	199	Jason FRIEND	M	239.	MSen	87.		1:16:16	1:16:40	12:20
369.	405	James NICHOLSON	M	240.	MSen	88.	Storm Plymouth	1:16:20	1:16:52	12:22
370.	429	Samuel OWEN	M	241.	MSen	89.		1:16:31	1:17:07	12:24
371.	258	Naomi HAYTER	F	130.	FSen	59.		1:16:40	1:17:09	12:24
372.	507	Kat SHAH	F	131.	FSen	60.		1:16:38	1:17:09	12:24
373.	339	Claire LENEVE	F	132.	FSen	61.		1:17:01	1:17:13	12:25
374.	129	Karen DAVID	F	133.	FV60	8.		1:16:53	1:17:18	12:26
375.	509	Nikki SHAW	F	134.	FV60	9.	Brixham Harriers	1:17:22	1:17:35	12:29
376.	262	Jason HEMMINGS	M	242.	MV50	20.		1:17:20	1:17:37	12:29
377.	549	Chris STOCK	M	243.	MV45	28.	South West Road Runners	1:17:06	1:17:40	12:29
378.	27	Catherine BAKER	F	135.	FV45	12.	Chichester Runners & AC	1:17:23	1:17:41	12:30
379.	54	Paula BISATT	F	136.	FV60	10.	Running Forever RC	1:17:24	1:17:45	12:30
380.	477	Janet RITCHIE	F	137.	FV60	11.	Carn Runners	1:17:27	1:17:46	12:30
381.	443	Jacob PENK	M	244.	MSen	90.		1:17:23	1:17:52	12:31
382.	45	Rebecca BEEVERS	F	138.	FSen	62.		1:17:21	1:17:54	12:32
383.	144	Claire DIXON	F	139.	FSen	63.		1:17:32	1:18:06	12:34
384.	277	Carrie HOPKINS	F	140.	FV45	13.		1:17:33	1:18:06	12:34
385.	551	Andy STONER	M	245.	MSen	91.		1:17:48	1:18:06	12:34
386.	206	Justin FULLER	M	246.	MV50	21.		1:17:34	1:18:07	12:34
387.	280	Janet HOWES	F	141.	FV50	12.		1:17:33	1:18:08	12:34
388.	580	Isheya VOISEY DAVIE	F	142.	FSen	64.		1:17:41	1:18:11	12:34
389.	522	Jeremy SLADE	M	247.	MV55	34.	Axe Valley Runners	1:17:59	1:18:18	12:35
390.	523	Liz SLADE	F	143.	FV50	13.	Axe Valley Runners	1:18:00	1:18:18	12:36
391.	428	Hannah OWEN	F	144.	FSen	65.	Riviera Racers	1:17:44	1:18:22	12:36
392.	581	Peekaboo VON BANGKOK	M	248.	MV45	29.		1:17:57	1:18:31	12:38
393.	540	Josephine STANEK	F	145.	FV45	14.		1:18:32	1:18:32	12:38
394.	111	Monika CONNELL	F	146.	FV45	15.		1:18:26	1:18:32	12:38
395.	506	Samantha SEYMOUR	F	147.	FSen	66.		1:18:07	1:18:34	12:38

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
396.	102	Jess CHISHOLM	F	148.	FSen	67.		1:17:57	1:18:36	12:38
397.	36	Jody BARTON	M	249.	MV40	34.		1:17:57	1:18:37	12:38
398.	95	Jamie CHAMBERLAIN	M	250.	MSen	92.		1:18:08	1:18:37	12:39
399.	309	Gemma JORDAN	F	149.	FV40	26.		1:18:22	1:18:45	12:40
400.	180	Hannah FEE	F	150.	FV45	16.		1:18:21	1:18:46	12:40
401.	3	Simon ADAMS	M	251.	MV50	22.		1:18:27	1:18:46	12:40
402.	190	Richard FLOWER	M	252.	MV45	30.		1:18:35	1:18:55	12:41
403.	598	Maria WHELAN	F	151.	FV50	14.		1:18:36	1:18:55	12:41
404.	497	Laura SAUNDERS	F	152.	FV45	17.		1:18:41	1:18:58	12:42
405.	210	Laraine GIBBINS	F	153.	FV60	12.	Dawlish Coasters	1:18:53	1:19:08	12:43
406.	259	Pete HAYWARD	M	253.	MV65	16.	Torbay Tri Club	1:18:54	1:19:08	12:44
407.	575	Laura VICARY	F	154.	FV40	27.		1:18:42	1:19:10	12:44
408.	78	Linda DIGGINES	F	155.	FV65	8.		1:19:15	1:19:15	12:45
409.	34	Phil BARRABALL	M	254.	MV70+	6.		1:18:42	1:19:17	12:45
410.	141	Helen DINHAM	F	156.	FV50	15.	Storm Plymouth	1:19:01	1:19:33	12:48
411.	480	Charlie WAIN	M	255.	MV40	35.	Storm Plymouth	1:19:21	1:19:33	12:48
412.	223	Scott WAIN	M	256.	MV50	23.		1:19:21	1:19:33	12:48
413.	357	Fee MACHEN	F	157.	FV60	13.		1:19:02	1:19:36	12:48
414.	325	Nienke KRAMER	F	158.	FV55	9.		1:19:19	1:19:41	12:49
415.	486	Erica ROSS	F	159.	FV60	14.	Bovey Valley Runners	1:19:32	1:19:43	12:49
416.	1	Richard JONES	M	257.	MV45	31.		1:19:12	1:19:49	12:50
417.	255	Abi HAWMAN	F	160.	FV45	18.		1:19:40	1:20:08	12:53
418.	90	Bob CARTER	M	258.	MV70+	7.	Axe Valley Runners	1:19:54	1:20:12	12:54
419.	573	Laura VENTON	F	161.	FV40	28.	Okehampton RC	1:19:56	1:20:22	12:55
420.	345	Dominic LITTLEJOHNS	M	259.	MSen	93.		1:19:54	1:20:24	12:56
421.	512	Sarah SHEPLEY	F	162.	FV60	15.	Axe Valley Runners	1:20:05	1:20:24	12:56
422.	577	David VIGG	M	260.	MV50	24.		1:19:46	1:20:24	12:56
423.	446	Darren PETCH	M	261.	MV45	32.	Teignbridge Trotters	1:20:08	1:20:27	12:56
424.	33	Linda BARNES	F	163.	FV60	16.		1:20:36	1:20:36	12:58
425.	170	Claire EVERETT	F	164.	FV50	16.		1:20:11	1:20:39	12:58
426.	209	Bethany GERMAN	F	165.	FSen	68.		1:20:09	1:20:40	12:58
427.	533	Claire SNOWDEN	F	166.	FV40	29.		1:20:26	1:20:41	12:58
428.	354	Lorna Elizabeth LUCIEN	F	167.	FV55	10.		1:20:35	1:20:47	13:00
429.	248	Karen HANNAFORD	F	168.	FV50	17.		1:20:07	1:20:49	13:00
430.	11	Phil ANDREWS	M	262.	MV50	25.		1:20:08	1:20:49	13:00
431.	32	Emma BARLEY	F	169.	FSen	69.	Teignbridge Trotters	1:20:34	1:20:53	13:00
432.	115	Kelly COSWAY	F	170.	FSen	70.		1:20:33	1:20:55	13:01
433.	100	Dawn CHILDS	F	171.	FV55	11.	Storm Plymouth	1:20:58	1:21:10	13:03
434.	148	Peter DREW	M	263.	MV70+	8.	Carn Runners	1:20:55	1:21:17	13:04
435.	588	Samantha Warburton	F	172.	FV40	30.		1:20:39	1:21:19	13:05
436.	488	Trudi ROWE	F	173.	FV55	12.	Erme Valley Harriers	1:20:53	1:21:23	13:05
437.	37	Claire BASSETT	F	174.	FV40	31.		1:20:52	1:21:24	13:05
438.	453	Charlie PLYER	F	175.	FSen	71.		1:20:53	1:21:25	13:06
439.	478	Kelly ROBBINS	F	176.	FV45	19.	Storm Plymouth	1:21:17	1:21:53	13:10
440.	213	Maria GICQUEL	F	177.	FV55	13.		1:21:19	1:21:54	13:10
441.	177	Susan FARR	F	178.	FV60	17.	Storm Plymouth	1:21:24	1:21:56	13:11
442.	317	Wayne KERCHER	M	264.	MV55	35.	Carn Runners	1:21:44	1:22:06	13:12
443.	135	Debbie DAVIS	F	179.	FV55	14.		1:21:36	1:22:08	13:13
444.	246	Kelly HANCOCK	F	180.	FV45	20.		1:21:43	1:22:10	13:13
445.	204	Georgia FROGGATT	F	181.	FSen	72.		1:21:43	1:22:10	13:13
446.	68	Will BRANDON	M	265.	MV60	21.		1:21:53	1:22:36	13:17
447.	87	Ann CAIN	F	182.	FV60	18.		1:22:14	1:22:48	13:19
448.	612	Ian WINNALL	M	266.	MV45	33.	Storm Plymouth	1:22:32	1:23:01	13:21
449.	120	Louise CROCKER	F	183.	FV55	15.		1:22:36	1:23:13	13:23
450.	154	Sharon DUNRIDGE	F	184.	FV50	18.	Plymouth Musketeers Running Club	1:22:33	1:23:15	13:23
451.	561	Georgina THOMPSON	F	185.	FV55	16.	Storm Plymouth	1:22:43	1:23:18	13:24
452.	519	Estelle SKINNER	F	186.	FV40	32.		1:23:00	1:23:18	13:24

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
453.	356	Florence LYON	F	187.	FU18	3.		1:23:05	1:23:25	13:25
454.	270	Elizabeth HOLDEN	F	188.	FSen	73.	Storm Plymouth	1:22:56	1:23:32	13:26
455.	483	Emma ROBINSON	F	189.	FV45	21.		1:23:06	1:23:41	13:28
456.	454	Karen POMFRET	F	190.	FV60	19.	Tamar Trotters	1:23:46	1:24:02	13:31
457.	250	Carol HANSEN	F	191.	FV60	20.	Erme Valley Harriers	1:23:58	1:24:14	13:33
458.	498	Joanne SAWARD	F	192.	FV55	17.		1:23:51	1:24:20	13:34
459.	449	Richard PIDSLEY	M	267.	MV55	36.		1:24:13	1:24:38	13:37
460.	624	Laura YOUNG	F	193.	FSen	74.		1:24:05	1:24:39	13:37
461.	511	Karen SHEARS	F	194.	FV70+	1.	Street Striders	1:24:32	1:24:39	13:37
462.	14	Ashlee ARROWSMITH	F	195.	FSen	75.		1:24:40	1:24:40	13:37
463.	326	Laura KRUSIN	F	196.	FSen	76.		1:24:30	1:24:58	13:40
464.	155	Liz EASTER	F	197.	FV60	21.	Dawlish Coasters	1:24:51	1:25:13	13:42
465.	327	Amanda LACEY	F	198.	FV60	22.	Teignbridge Trotters	1:24:48	1:25:17	13:43
466.	439	David PEARSON	M	268.	MV70+	9.		1:25:00	1:25:36	13:46
467.	272	Mark HOLMAN	M	269.	MV65	17.	South Devon AC	1:25:23	1:25:43	13:47
468.	207	William GARDNER	M	270.	MSen	94.		1:25:26	1:25:44	13:47
469.	73	Amy BROWN	F	199.	FSen	77.		1:25:26	1:25:45	13:47
470.	221	Michael GOODWIN	M	271.	MV70+	10.		1:25:21	1:25:50	13:48
471.	165	David EVANS	M	272.	MV55	37.		1:25:26	1:25:51	13:48
472.	491	Rakki SADAVARTE	F	200.	FSen	78.	Teignbridge Trotters	1:25:21	1:25:54	13:49
473.	279	Linda HOWELL	F	201.	FV65	9.	Dawlish Coasters	1:25:43	1:26:05	13:51
474.	392	Anna MOORE	F	202.	FV60	23.		1:26:10	1:26:24	13:54
475.	393	Harriet MOORE	F	203.	FSen	79.		1:26:10	1:26:25	13:54
476.	130	Becky DAVIES	F	204.	FV50	19.	Redway Runners	1:26:03	1:26:29	13:54
477.	481	Lucy ROBERTS	F	205.	FSen	80.		1:26:04	1:26:29	13:55
478.	539	Meah SQUIRES	F	206.	FSen	81.		1:26:30	1:26:54	13:58
479.	193	Alison FORD	F	207.	FV60	24.	South Devon AC	1:26:44	1:27:18	14:02
480.	147	Maria DOYLE	F	208.	FV60	25.		1:26:56	1:27:21	14:03
481.	30	Amy BARKER	F	209.	FSen	82.		1:27:10	1:27:35	14:05
482.	58	Kirsten BOLT	F	210.	FSen	83.		1:27:35	1:27:56	14:08
483.	455	Chris POOLE	M	273.	MV65	18.		1:27:35	1:27:56	14:09
484.	226	Jade GREEN	F	211.	FSen	84.		1:27:41	1:28:10	14:11
485.	31	Wayne BARKER	M	274.	MV65	19.		1:27:44	1:28:10	14:11
486.	494	Shirley SALTER	F	212.	FV65	10.	Axe Valley Runners	1:27:55	1:28:13	14:11
487.	275	Rachael HOLT	F	213.	FV60	26.	Storm Plymouth	1:27:45	1:28:24	14:13
488.	176	James FARR	M	275.	MV65	20.		1:28:11	1:28:24	14:13
489.	438	Maddy PEARCE	F	214.	FSen	85.		1:28:08	1:28:28	14:14
490.	197	Deema FREIJ	F	215.	FV50	20.		1:28:04	1:28:32	14:14
491.	200	Liz FRIEND	F	216.	FV55	18.	Eastleigh RC	1:28:10	1:28:36	14:15
492.	202	Robin FRIEND	M	276.	MV55	38.		1:28:13	1:28:37	14:15
493.	318	Bryan KING	M	277.	MV70+	11.	Plymouth Musketeers Running Club	1:28:44	1:29:24	14:23
494.	114	Rachel HORRELL	F	217.	FSen	86.		1:29:28	1:29:28	14:23
495.	296	Lynn JOHNS	F	218.	FV55	19.	Storm Plymouth	1:28:51	1:29:28	14:23
496.	320	Louise KING	F	219.	FV60	27.	Plymouth Musketeers Running Club	1:28:52	1:29:33	14:24
497.	607	Caroline WILLIAMS	F	220.	FV55	20.	Plymouth Falconers	1:28:56	1:29:37	14:25
498.	471	Hazel RHODES	F	221.	FSen	87.		1:30:16	1:30:52	14:37
499.	228	Jessica GRIBBLE	F	222.	FSen	88.		1:30:45	1:31:10	14:40
500.	140	Anna DEVLIN	F	223.	FV55	21.		1:31:08	1:31:45	14:45
501.	621	Sandra WRIGHT	F	224.	FV65	11.	Dawlish Coasters	1:31:37	1:31:59	14:48
502.	528	Jade SMITH	F	225.	FSen	89.		1:32:17	1:32:57	14:57
503.	529	Thomas SMITH	M	278.	MV40	36.		1:32:17	1:32:58	14:57
504.	81	Dennis BURRELL	M	279.	MV70+	12.	Carn Runners	1:32:44	1:33:06	14:58
505.	403	Martha NELSON	F	226.	FSen	90.		1:32:34	1:33:09	14:59
506.	330	Jamie LANE	M	280.	MSen	95.		1:32:34	1:33:09	14:59
507.	305	Clare JONES	F	227.	FSen	91.	Storm Plymouth	1:32:42	1:33:20	15:01
508.	161	Kat ELLIS	F	228.	FV40	33.	Storm Plymouth	1:32:47	1:33:23	15:01
509.	301	Jennifer JOHNSTON	F	229.	FV45	22.	St Albans Striders	1:33:09	1:33:37	15:03

Individual Results



Pos	Bib	Name	Gen	Gen Pos	Cat	Cat Pos	Club	Chip Time	Gun Time	Min/ Mile
510.	174	Emma FARLEIGH	F	230.	FV50	21.	Dawlish Coasters	1:33:52	1:33:52	15:06
511.	347	David LLOYD	M	281.	MV50	26.		1:33:53	1:34:18	15:10
512.	361	Brian MARJORAM	M	282.	MV70+	13.	South Devon AC	1:34:00	1:34:20	15:10
513.	568	Rebecca TYDD	F	231.	FV50	22.		1:33:50	1:34:23	15:11
514.	384	Rebecca MCWASS	F	232.	FV45	23.	Plymouth Harriers	1:34:16	1:34:45	15:14
515.	217	Sigrid GLUTH	F	233.	FV60	28.		1:34:19	1:34:50	15:15
516.	460	Sarah PULLEY	F	234.	FV55	22.		1:35:07	1:35:18	15:20
517.	122	Julia CUSACK	F	235.	FV60	29.		1:36:15	1:36:48	15:34
518.	211	Amanda GIBBS	F	236.	FV45	24.	Teignbridge Trotters	1:36:59	1:37:35	15:42
519.	390	Paul MITCHELL	M	283.	MV60	22.	Torbay Tri Club	1:37:06	1:37:41	15:43
520.	371	Becky MATTHEWS	F	237.	FV40	34.	Fit 2 Run	1:37:40	1:38:12	15:48
521.	101	Sophee CHILTON	F	238.	FSen	92.		1:37:53	1:38:15	15:48
522.	88	Jayne CAMPBELL-MOSELEY	F	239.	FV60	30.	Fit 2 Run	1:37:48	1:38:19	15:49
523.	456	Asbie POTTER	F	240.	FV50	23.		1:38:05	1:38:28	15:50
524.	610	Lisa WINDSOR	F	241.	FV45	25.	Running Forever RC	1:38:05	1:38:28	15:50
525.	609	Kathleen WILLIAMS	F	242.	FV50	24.	Storm Plymouth	1:38:05	1:38:47	15:53
526.	234	Bee GRUNOW	F	243.	FV50	25.	Storm Plymouth	1:38:04	1:38:47	15:53
527.	381	Josh MCGRATH	M	284.	MSen	96.	Storm Plymouth	1:38:05	1:38:48	15:53
528.	479	Chloe ROBERTS	F	244.	FSen	93.	Storm Plymouth	1:38:32	1:38:48	15:53
529.	578	Julie VILLIS	F	245.	FV65	12.	Teignbridge Trotters	1:38:18	1:38:52	15:54
530.	547	Andrew STEVENS	M	285.	MSen	97.		1:38:37	1:39:09	15:57
531.	352	Joanna LORGRAILERS	F	246.	FV40	35.		1:38:39	1:39:12	15:57
532.	408	Nicola NOLAN	F	247.	FV40	36.		1:38:39	1:39:12	15:57
533.	143	Andy DISTIN	M	286.	MV55	39.	Teignbridge Trotters	1:40:07	1:40:34	16:11
534.	625	Rui Bing ZHENG	F	248.	FV40	37.		1:40:37	1:41:02	16:15
535.	592	Kathryn WEAVER-GORE	F	249.	FV65	13.	Plymouth Musketeers Running Club	1:41:12	1:41:34	16:20
536.	526	Angie SMITH	F	250.	FV65	14.	Storm Plymouth	1:41:42	1:41:55	16:24
537.	216	Lorraine GILES	F	251.	FV65	15.	Storm Plymouth	1:41:48	1:42:00	16:24
538.	285	Nicola IRISH	F	252.	FV45	26.		1:41:31	1:42:10	16:26
539.	421	Wendy OLDHAM	F	253.	FV65	16.	Storm Plymouth	1:42:09	1:42:22	16:28
540.	329	Becki LANE	F	254.	FV50	26.	Storm Plymouth	1:43:30	1:44:08	16:45
541.	452	Hellen PLANT	F	255.	FV50	27.	Storm Plymouth	1:43:31	1:44:08	16:45
542.	253	Elaine HARRISON	F	256.	FV60	31.		1:45:01	1:45:34	16:59
543.	470	Sophie JACKMAN	F	257.	FSen	94.		1:48:33	1:49:06	17:33
544.	618	Jo JACKMAN	F	258.	FV55	23.		1:49:06	1:49:06	17:33
545.	490	Summer RUNNER	F	259.	FV45	27.	Storm Plymouth	1:58:47	1:59:25	19:13
546.	334	Cathryn LAWSON	F	260.	FV50	28.	Storm Plymouth	1:58:47	1:59:26	19:13
DNF	178	Claire FARRAR	F		FV45		Teignbridge Trotters			
DNF	386	Richard MEREDITH	M		MV45		Dawlish Coasters			
DNF	463	Sarah QUINN	F		FSen					
DNF	542	Matthew STEDMAN	M		MSen		St Austell Running Club			

Finished:546, DNF:0 Total:550

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