

Trotter Newsletter

11th July 2024

Wasn't it great to see the return of the summer away runs? Our first one since Covid took place last month and what a great success it was. Our thanks to Tim Pratt for organising it and for Neil Tampkins for leading one of the groups. Corinne Bright is organising another one on the 19th August, full details in the next newsletter. Our races come thick and fast now, with the Haytor Heller next up. Let's hope for a nice summer's evening this year!



Haytor Heller Reccie Run

Wednesday 17th July

There will be three groups. Please meet in the lower car park at Haytor.

6.25pm 10/12 min/mile pace. Stuart Moulson

6.45pm 8.30/10 pace. Nigel Barnett

7pm 7.45/8.30 pace. Roger Hayes

The only sessions taking place from the Rec will be the Couch to 5K and the Improvers.

Replacement Club Championship Race

Running Events Devon have very kindly arranged a half marathon to replace the Plym Trail one that has been cancelled.

It's called the Trot Challenge and takes place on the 20th October at Exmouth on a 5.3K lapped course. They have discounted the entry fee for Trotters, but you can only enter via this link;

<https://www.evententry.co.uk/running-events-devon-the-trot-challenge>

The race is limited to 50 runners, so please enter ASAP. It would be great to see a big turn out of Trotters for this one, especially as Tim & Jenny (the RDs) have created this race just for us.

Membership total: 328

Eight new members have joined since my last newsletter on 13th June. We're creeping ever closer to our 344 record!

A warm welcome to Corey Date (opposite) the latest member to sign on the dotted line.



Ladies' Club Championship ~ Top 10

• Liz Nutall	244 points
• Sue Tremlett	235
• Chloe Weeks	231
• Sarah Blanchard	213
• Mel Brooks	200
• Sharon Sharples	188
• Kathryn Steemson	185
• Dom Harcourt	172
• Joanna Randall	172
• Corinne Bright	170



Liz

New leaders in both the Men's and Ladies' CC
Next up ~ Chudleigh Road Race ~ 19th July

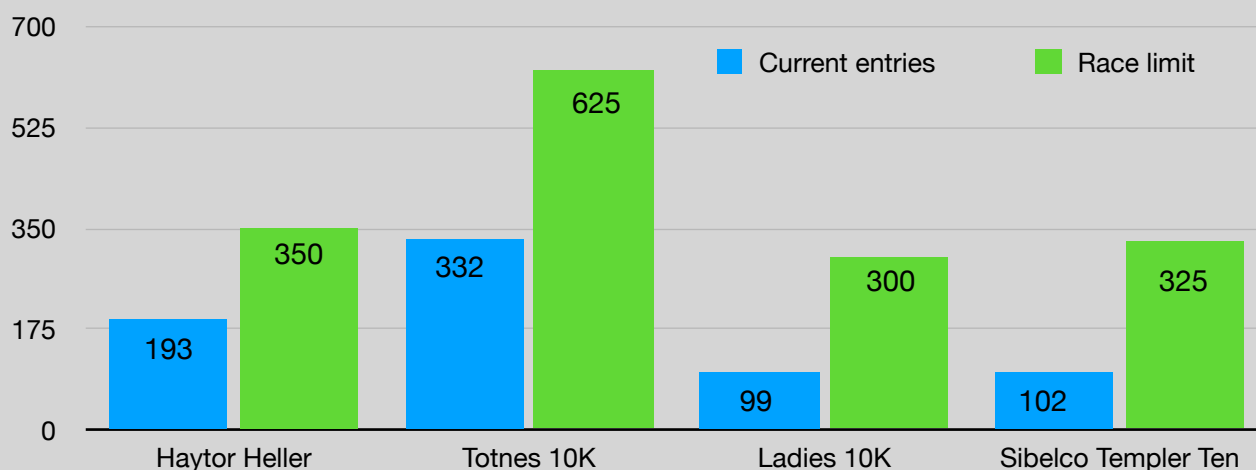
Men's Club Championship ~ Top 10

• Alan Kember	244 points
• Steve Weeks	240
• James Long	236
• Chris Andrews	207
• Andy Gilson	184
• Paul Sharples	179
• Neil Rutley	177
• Adam Doherty	156
• Pete Aston	154
• Roger Easterbrook	150



Alan

How full are our races?



South Devon Relays ~ Friday 2nd August ~ 7pm start

The last one of the year, let's go out with a bang! See our club captains and get yourself signed up for what is without doubt, a fantastic experience. Teams of four - 3K each leg.



With just two races to go, It's really starting to hot up, especially in the Ladies competition.

Liz and Kathryn are moving up the leaderboard. How good would a Trotter 1,2,3 be!

Steve and James have also made it into the top 10. Can they climb any further?

Ladies` current top 10 positions

1st. Melanie Brooks	Teignbridge Trotters	489 points
2nd. Chloe Weeks	Teignbridge Trotters	479
3rd. Eleanor Wood	Axe Valley Runners	474
4th. Liz Nuttall	Teignbridge Trotters	471
5th. Jenny Debenham	SWRR.	449
6th. Alison White	Exmouth Harriers	447
7th. Kathryn Steemson	Teignbridge Trotters	439
8th. Lynda Garcia	SWRR	424
9th. Jenny Reay	Exmouth Harriers	371
10th. Mary Daymond	SWRR	349

Next race ~ Sibelco Templer Ten

Men`s current top 10 positions

1st. Oliver White	Exmouth Harriers	489 points
2nd. Jamie Howard	SWRR	477
3rd. Jimmy Joy	Exmouth Harriers	452
4th. Joshua Sale	Exmouth Harriers	451
5th. Matt Frost	Axe Valley Runners	440
6th. Edward Pickering	SWRR	438
7th. Ron Seward	Axe Valley Runners	412
8th. Ian Kinnersley	Axe Valley Runners	408
9th. Steve Weeks	Teignbridge Trotters	400
10th. James Saunders	Teignbridge Trotters	400