

Trotter Newsletter

19th January 2026

The good news is we're well over half way through January, which has to be the most miserable month of the year. Not helped this year with the rain and cold, icy conditions. Those lighter nights are just starting to happen. It won't be long before spring is here and we can enjoy some warmer runs.

I'm pleased to report that I'm back running again. I wouldn't say I'm pain free but I seem to be able to manage it at the moment. It's great to be back doing the Burger Bap runs. If you haven't experienced one yet, keep a look out for the Facebook posts advertising them. The coffee and teacake at the finish are worth the effort.

The new Ladies 10K Race HQ and route are both really good. I ran the route with Debbie and Jacki the other day. The first three miles are relatively flat before a more undulating last three. It's all on completely new roads to either of the previous two routes. Ipplepen Village Hall will make a fantastic Race HQ. It's very exciting and I can't wait for June 28th.

We were so impressed with Buckland FC that we've booked it again for this year's awards night. Get the date in your diary (see page 3) and get entering those Championship races, some of which have a small race entry limit!

I'm off to Marseille tomorrow morning. The Barnetts (Jamie and Nige) have managed to get four tickets for the Champions League match. Me and my son are tagging along - someone has to look after them! Shame Liverpool are going to get stuffed 3-0 (you heard it here first!)

Membership total: 334

We continue to attract lots of new members, which is great news. We're well up on our overall total we had at this time last year, so with a bit of luck we should be on target to beat the record we set last year. Talking of records, what a shame the First Chance 10K got cancelled. With 83 Trotters signed up to take part, we were on for beating the record of 76 Trotter finishers in a race.

A very warm welcome to three of our newest members (pictured below).



Sam Battershall



Dom Bryant



Jess Flood Page

The 2026 Club Championship is up and running. Testing conditions were the order of the day at Dawlish for the Oh My Obelisk Half Marathon. It was great to see a big Trotter turnout with 27 taking part, up on last year's total of 21. Roger and Kathryn have both got off to flying starts.

The Cornwood 10K is the chosen race to replace the cancelled First Chance.

Ladies current top 10 positions

1st. Kathryn Steemson	50 points
2nd. Lucy Evans	49
3rd. Sue Tremlett	48
4th. Laura Holland	47
5th. Corinne Bright	46
6th. Sam Galvin	45
7th. Sarah Blanchard	44
8th. Jo Randall	43
9th. Cheryl Dunn	42

Men's current top 10 positions

1st. Roger Easterbrook	50 points
2nd. Paul Vowden	49
3rd. Ewan Walton	48
4th. Ian Langler	47
5th. Ryan Astbury	46
6th. Tim Pratt	45
7th. Jon Pressling	44
8th. Andrew Fox	43
9th. Guy Jary	42
10th. Christian Robinson	41

**Next race ~ Dalwood 3 Hills
15th February**

2025 was the best year yet!

Our Couch to 5K programme has been going for three years now and last year was our most successful yet. We had a total of 25 people join the club having completed one of the three courses we staged during the year.

There were 18 people who took part and decided not to join the club.

Those numbers don't include existing members who took part. They brought the overall total up to 53.

This January's intake has seen 18 sign up. Hopefully many of them will decide to join our great club.

Of course none of this would be possible without the small band of dedicated leaders, in particular, John Skinner. Thank you team.



Trotters Presentation & Awards Night

Saturday 12th December

Buckland Athletic Football Club



New for 2026!

If you get the maximum 6 marshal points this year, not only will you go into the draw for the club's London Marathon place (assuming we get one!) you'll also get a free awards night ticket.

Remember it's one point for each race you help out at and one point if you bake three or more cakes during the year.

Trotters AGM

Wed 11th Feb

Rec Function Room

8pm Start

SUPER 6

Ben Tampkins (pictured opposite) currently sits at the top of the Trotters Super 6 league with 218 points, a point ahead of Stuart Moulson.

It's mighty close though, with only 10 points separating the top 5.

